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**1. Specific/Strategic:**

**What is your goal for Science this quarter? What are you trying to do- in detail?**

FYI:                    A = 90 - 100%                    B = 80 - 89%                    C = 70 - 79%

[sentence starter: In science, I want to get a(n) \_\_\_\_\_, \_\_\_\_\_%.]

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**2. Attainable:**

**Is your science goal attainable? (2 reasons= 2+ sentences)**

(Attain = achieve; Attainable = possible for me to achieve)

[Sentence starter: My science goal is attainable because, \_\_\_\_\_]

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**3. Results-oriented:**

**What action do you need to take to meet your science goal? (2 examples= 2+ sentences)**

[sentence starter: To reach my goal in science, I need to \_\_\_\_\_ ]

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Action examples:

ask	complete	contribute	discuss	do/redo	listen	use	turn in
participate	plan	practice	prepare	review	study	try	organize

**4. Measurable:**

**How are you going to measure your effort & achievement in Science?**

[Sentence starter: I will measure my science goal with \_\_\_\_\_ ]

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**5. Time Bound:**

**When will you achieve your science goal? (This quarter ends on \_\_\_\_\_(date).)**

[Sentence Starter: I will achieve my science goal by \_\_\_\_\_ (write the date you want to reach your goal by).]

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