

**Instructional Materials:**

Board approved required text - Glencoe Health 2004, Ninth Edition, Mary H Bronson, PhD. and Don Merki, Ph. D. Bronson

\*Awaiting New Edition Glencoe Health

**CPR:** American Heart Association Booklet, Sets of Training Dummies

**Substance Abuse:**

*Project Toward No Drug Abuse (TND),*

*NIDA National Institute on Drug Abuse: Brain and Addiction*

*<https://teens.drugabuse.gov/drug-facts/brain-and-addiction>*

*Various NIDA Brochures and posters for reference and research*

**Sexual Health:**

3R's Sexual Health Curriculum: Lessons #1-11. <http://www.advocatesforyouth.org/3rs-curriculum>

SFUSD Sexual Health Curriculum: Lesson #25, Lesson #26- Sex Trafficking

<https://sfusdhealtheducation.org/be-real-be-ready-2/>

Sex Etc.Org [www.sexetc.org](http://www.sexetc.org) Various video clips and references. "Meet the Contraceptives" Video

<http://sexetc.org/videos/meet-the-contraceptives/>

**Guest Speakers:**

**SAVE** -Safe Alternatives to Violent Environments: Healthy Relationships

**Peer Health Educators:** Present a variety of topics (7-11 times per semester) related to Mental and Social Health including: advocacy, decision making, communication skills, and health literacy.

**Ethical Choices:** Healthy Nutritional choices related to personal health, disease prevention, environmental and ethical choices. .

**Barbara Lee Health Center** (Across from the High School): tours, resources available to teens.