

San Leandro Cross Country Schedule 2019*

Date	Event	Location	Leave	Race
Saturday 9/14/2019	Ed Sias Invitational	Hidden Valley Park, Martinez	7:00 am	9:00 am
Thursday 9/19/2019	League Meet	Garin Park, Hayward	2:50 pm	5:00 pm
Saturday 9/21/2019	Farmer Invite	Hayward High School, Hayward	8:45 am	10:00 am
Wednesday 9/25/2019	SLHS Fun Run	San Leandro High	3:00 pm	3:30 pm
Saturday 9/28/2019	Scott Bauhs Invite	Shadow Cliffs Park, Pleasanton	7:00 am	9:00 am
Saturday 10/5/2019	Artichoke Invite	Half Moon Bay High School, HMB	7:00 am	1:00 pm
Wednesday 10/16/2019	League Meet	Hayward High School, Hayward	2:45 pm	4:00 pm
Saturday 10/12/2019	Castro Valley Invite	Canyon Middle School, Castro Valley	8:00 am	9:00 am
Saturday 10/19/2019	Mariner Invite	Hayward, CA	8:00 am	9:00 am
Friday 10/25/2019	XC Factor Fundraiser	San Leandro AEC	N/A	N/A
Saturday 10/26/2019	10 Mile Fundraiser	San Leandro Marina	7:30 am	8:00 am
Thursday 10/30/2019	League Meet	Oyster Bay, San Leandro CA	2:45 pm	4:00 pm
Saturday 11/9/2019	League Championships	Hayward HS, Hayward CA	11:00 am	12:00 pm
Saturday 11/23/2019	North Coast Section	Hayward HS, Hayward CA	TBA	TBA

Head Coach Victor Doan 510 618-4600 ext. 2246
Assistant Coach Nicholas Sigmon 510 618-4600 ext. 2144
Principals Ronald and Reginald Richardson 510 618-4600 ext. 2162
Athletic Director Jason Strickland 510 618-4600 ext. 2177
Captains Cynthia Pham, Laura Corona Ibarra, Cinthia Silveira, Fona Ou, Mila Oliva
 Yarissa Sanchez, Ryan Nguyen, Kha-Vinh Tran, Eddie Campuzano,
 Alejandro Mantilla, Alvaro Rodriguez Garcia



*This is a pretty solid schedule but we may have some changes throughout the season.