

Roosevelt Hornet Newsletter

951 Dowling Blvd
San Leandro, CA 94577
510-618-4350



Dr. Soraya Sablo-Sutton, Principal
Issue #12, Jan 7, 2015
<http://www.roosevelt-hornets.com/newsletters/>

Important Dates

Jan 10 - E-Waste Drop Off @ Roosevelt, 10-3
Jan 14 - All School Assembly, 8:10
Jan 14 - LGBTQS Mtg., 7 p.m.
Jan 15 - 4th & 5th Choir Concert, 10 a.m.
Jan 16 - Staff Planning Day-No School
Jan 19 - Martin Luther King Day- No School
Jan 21 - Cindy Kellicut Dedication, 4:30 p.m.
Jan 21 - Voces Unidas, 6:30 p.m.
Jan 22 - Dads' Club Mtg., 6:30, PTA Mtg., 7 p.m.
Jan 23 - School Tour for incoming Students, 9 a.m.
Jan 27 - AAPAG Mtg., 7 p.m.
Jan 28 - Hobby Night

Future Dates

Feb 4 - Coffee & Conversation, 8:15
Feb 6 - White Elephant Drop off, 2-7 p.m. in the MP Room
Feb 7 - White Elephant, 9-12
Feb 11 - LGBTQS Mtg., 7 p.m.
Feb 11 - Voces Unidas, 7 p.m.
Feb 12 - Dads' club Mtg., 6:30 p.m., PTA Mtg., 7 p.m.
Feb 16-20 - Presidents Week- No School
Feb 24 - AAPAG Mtg., 7 p.m.
Feb 26 - School Tour, 9 a.m., New incoming students.
Feb 28 - Dads' Club Golf Outing, 11:30 a.m.

Jan 14th - LGBTQ Mtg., 7 p.m.
Jan 15th - **4th & 5th Gr. Choir Concert, 10 a.m.**
JAN 16TH - **STAFF PLANNING DAY-NO SCHOOL**
Jan 19th - **MLK Day- No School**
Jan 21st - **Voces Unidas, 6:30 p.m.**

Principal's News

Dear Roosevelt Community,

Happy New Year! I hope you and your family enjoyed a restful holiday and you are rejuvenated for the second half of the school year. I would like to extend a warm welcome back to all our students and staff members who contribute to making the Roosevelt community such an incredible place to work and learn. Best of luck as we launch into 2015.

Sincerely,
Dr. Soraya Sablo Sutton
Principal, Roosevelt Elementary

Querida comunidad Roosevelt,

Feliz Año Nuevo! Espero que usted y su familia hayan disfrutado de unas vacaciones tranquilas y está rejuvenecido para el segundo semestre del año escolar. Me gustaría dar una cálida bienvenida de nuevo a todos nuestros alumnos y miembros del personal que contribuyen a hacer de la comunidad Roosevelt un lugar increíble para trabajar y aprender. ¡Mucha suerte ya que lanzamos en 2015.

Atentamente,
Dr. Soraya Sablo Sutton
Principal, Roosevelt

Special Thanks to...

❖ this week's worker's Katie Dilworth and Juvy Obispo who worked hard and answered phones.

We couldn't have done it without you!

Plastic Bags for the Front Office

We're in need of Plastic bags for wet clothes during this rainy season. Please keep us in mind over the holiday's if you get plastic bags while shopping. We'd greatly appreciate it.

GREEN FUNDRAISING IS COMING TO ROOSEVELT

TIME TO CLEAN OUT YOUR KID'S CLOSETS & DRAWERS!!! STARTING DEC. 3RD, WE WILL BE COLLECTING "GENTLY USED & ALMOST NEW" CHILDREN'S CLOTHING. IT WILL BE SENT TO WWW.SCHOOLA.COM FOR PROCESSING. AFTER PROCESSING, THE CLOTHING WILL BE AVAILABLE FOR PURCHASE ONLINE BY PEOPLE EVERYWHERE! THIS IS A NEW FUNDRAISING OPPORTUNITY FOR US BUT A SCHOOL IN SF MADE NEARLY \$1000 FROM SALES. CHECK OUT SCHOOL A WEBSITE FOR MORE INFO.

GOT E-WASTE? ON JANUARY 10TH FROM 10 AM - 3 PM, ROOSEVELT WILL BE COLLECTING OLD ELECTRONICS FOR RECYCLING. IF YOU GET A NEW TV, MICROWAVE OR OTHER ELECTRONIC DEVICE IN THE COMING DAYS, SAVE THE OLD ONE. ROOSEVELT WILL BE PAID BY THE POUND FOR THE ELECTRONIC WASTE IT COLLECTS. MORE E-WASTE = MORE \$\$\$

LET'S MAKE OUR CARBON FOOTPRINT A LITTLE GREENER WHILE MAKING A LITTLE GREEN!!!

QUESTIONS? ALOHAMAMA1071@GMAIL.COM

SAVE THE DATE!!

Happy New Year everyone!

This year we are having Art and Rhythm night on Friday March 27 from 6-8. There will be a Rhythms of Brazil theme and lots of fun art activities as usual. Also new to this year...pizza! As usual, your help is what makes it happen. When we get a little closer to the date I will send out a helper sign-up sheet, but until then please save the date.



Eat Out for Education

Hey Roosevelt Hornets,
here are
3 great reasons to eat
at **Le Soleil**
this **Wednesday!**

1. **25%** of your purchase will be donated to SLED, that's **\$5** for every **\$20** you spend!
2. **100%** of the money raised goes to San Leandro schools.
3. SLED *supports all 13* of San Leandro USD schools, including **Roosevelt!**

Print & Clip Coupon →

And don't forget...

Sign up for SLED's e-newsletter at www.sledfund.org and like us on **Facebook** for news you can use about San Leandro schools!

Who we are...

SLED is the only education foundation that supports every school, at every grade in the San Leandro USD. SLED supports programs in:

- **Positive Youth Development**
- **STEAM Enrichment** (science, technology, engineering, art & math)
- **Volunteerism in schools**

INSPIRE students, **SUPPORT** schools, **STRENGTHEN** community.

EAT OUT FOR EDUCATION!

POP-UP EDITION!

ONE DAY ONLY...

Wednesday,
January 7th

ONLY AT...

Le Soleil
VIETNAMESE NOODLES & GRILL

11am - 9pm

1515 East 14th Street
Pelton Center • San Leandro
(510)614-0122

Dine in or take-out!

View their menu at www.sledfund.org

Present this
coupon and **25%**
of your purchase
will be donated to



San Leandro
Education Foundation
www.sledfund.org

Does Your Child Crave a Math or Science Challenge?

For 2nd through 5th grade students: These classes are intended to be challenging. If you are unsure whether these classes are appropriate for your child's skill level, please consult your child's teacher before signing up.

TeachBar (tchbr.com) will teach both the math and the science classes. For science this session, half will be biology (including 1 or 2 dissections) and half will be designing and building projects. The 2nd & 3rd grade math classes will develop analytical and conceptual skills through solving math and computer science problems and playing strategy games. The 4th & 5th graders will continue to learn to program in Python and will build simple games and create GUI interfaces.

Parent volunteers will be needed for the SCIENCE classes – this helps us keep costs down. Please sign up below. It's fun and science knowledge is not needed.

This 10-week session will cost \$95 per child for math/programming and \$90 per child for science. If you are able to contribute toward the cost of your child's classes, please include a check for what you can afford. If you are able to contribute more it will help ensure we can continue to include everyone. Checks should be made out to SLED with "MaSC" in the memo field. *All* Roosevelt children are welcome to attend our classes, regardless of their family's ability to donate. Any donation you are able to give is tax deductible and will help us to continue bringing these classes to your children and those of other families.

To sign your child up for the math/programming class, the science class, or both, please fill out the application below and turn it in to the office by the end of school on Friday, January 9.

Classes this session run for **10 weeks**, starting Tuesday, January 20 and ending Friday, April 3.

Classes meet in room A-4 except 4th/5th Programming which meets in the computer lab. If you choose to participate, your child would attend one or two classes per week according to this schedule:

Grade 2	Math Mondays 2:10–3:05pm	Science Fridays 2:10–3:05pm
Grade 3	Math Tuesdays 2:10–3:05pm	Science Thursdays 2:10–3:05pm
Grade 4	Programming Tuesdays 3:10-4:10pm	Science Fridays 3:10-4:10pm
Grade 5	Programming Tuesdays 3:10-4:10pm	Science Thursdays 3:10-4:10pm

To participate, you must sign and return the attached form to the school office by the end of the school day on Friday, January 9. If you turn in the enclosed form to the office, you can assume your child is enrolled.

Student Name _____ Grade _____ Teacher _____

- My child will attend both the Math/Programming and Science classes (\$185)
- My child will attend only the Math/Programming class (\$95) My child will attend only the Science class (\$90)
- Yes, I will volunteer to help out in the Science class from 2-3 pm or 3-4 pm on this date(s): _____
- I have included \$____ to cover all or part of the cost of the program. Please make checks out to SLED.
Suggested amounts are \$95 for math/programming, \$90 for science, or \$185 for both.

Parent/legal guardian name (please print) _____ Parent/legal guardian signature _____

email address _____ phone or cell number _____

After class, where will your child go/who will pick up your child? _____

Does your child attend any child care programs? Yes: _____

Please inform them about your child's Math and Science Challenge Program participation and schedule.

What is the Math and Science Challenge (MaSC) Program?

The Math and Science Challenge (MaSC) offers advanced instruction for students who love science or have mastered their grade-level math curriculum and are hungry for more. The program offers advanced math and science after school classes which emphasize creativity and perseverance. The program was founded by and is administered by Roosevelt parents.

Approximately half of the class spaces will be reserved for students referred by their teachers because they are identified as being the most in need of advanced curriculum. The rest of the class spaces are available for open enrollment for students with enthusiasm for math or science.

The MaSC program is a public/private partnership funded entirely by private funds from San Leandro individuals and businesses.

If you are interested in getting involved with the MaSC Program, please contact Jill Rodgers-Quaye at yaateq@sbcglobal.net.

The MaSC program has been made possible through generous donations from:

OSI Soft

The Gregori Group • Paradiso Restaurant • Sparkfactor Design • Shoutbomb • Ten Ton Consulting • Y. Day Designs

Many Roosevelt parents and neighbors!





Healthy Eating
Made Easier®

Healthy Snacks for Home + School

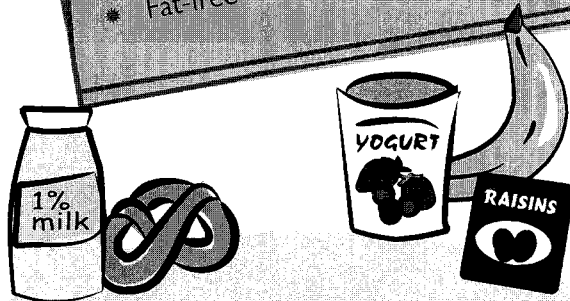
Smart snacking is a great way to meet daily nutrient requirements that may be missed at meal times.

Children may need snacks to help them get enough calories (energy) throughout the day. So, choosing healthy foods that add nutrients, like vitamins and minerals, to their diets is essential.

Quick and nutritious snack ideas:

Milk, Yogurt and Cheese

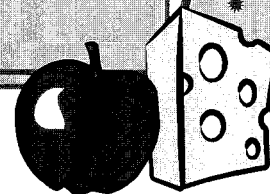
- * String cheese and fruit
- * Milk or yogurt smoothies with juice and sliced bananas or strawberries
- * Cottage cheese or yogurt with fruit (fresh or canned)
- * Fat-free or 1% milk



If chosen carefully, snacks can promote good health by supplying nutrients without adding too many calories.

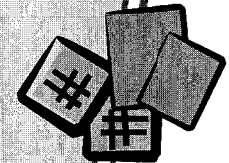
Fruits + Vegetables

- * Raw vegetables with low-fat yogurt dip, cottage cheese or hummus
 - Baby carrots
 - Celery sticks
 - Cucumber slices
- * Apples and cheese – pears and other fresh fruits work, too!
- * Snack-size applesauce
- * 100% fruit juice box



Grains + Meat, Beans and Nuts

- * Whole-grain crackers with cheese or peanut butter
- * Whole-grain cereal with milk
- * Flavored rice cakes (like caramel or apple cinnamon), with peanut butter
- * Baked potato chips, or tortilla chips with salsa
- * Popcorn – air popped or low-fat microwave
- * Pretzel sticks and a glass of milk
- * Trail mix with nuts and dried fruit




DAIRY COUNCIL
of CALIFORNIA®
Healthy Eating Made Easier™

Visit HealthyEating.org for FREE tips, interactive nutrition assessment tools, meal suggestions and more.





Bocadillos Saludables para la Casa y la Escuela

Facilitado la Alimentación Saludable

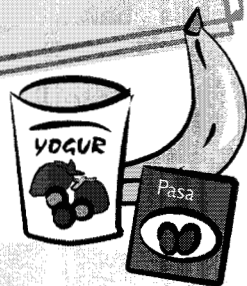
Los bocadillos elegidos inteligentemente son una magnífica forma de cumplir con los requerimientos nutricionales que pueden faltar en las comidas.

Los niños pueden necesitar los bocadillos para obtener suficientes calorías (energía) durante el día. De allí la importancia de elegir alimentos saludables que añadan nutrientes como vitaminas y minerales a su dieta.

Ideas de bocadillos rápidos y nutritivos:

Leche, Queso y Yogur

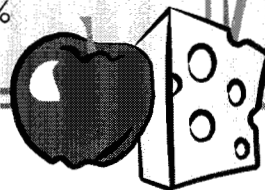
- * Queso para deshebrar y fruta
- * Licuados de leche o de yogur con jugo y pedazos de plátano o fresas
- * Requesón o yogur con fruta (fresca o de lata)
- * Leche sin grasa o con 1% de grasa



Si se eligen con cuidado, los bocadillos pueden promover la buena salud al proporcionar nutrientes sin añadir calorías de más.

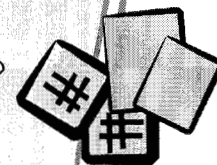
Frutas y Verduras

- * Verduras crudas con yogur bajo en grasa, requesón o humus
Zanahorias, pequeñas
Apio
Pepino en rebanadas
- * Manzanas y queso, peras y otro tipo de fruta fresca
- * Puré de manzana en porción de bocadillo
- * Una cajita de 100% jugo de fruta



Granos + Carnes, Frijoles y Nueces

- * Galletas integrales con queso o crema de cacahuete
- * Cereal integral con leche
- * Hojuelas de arroz de sabores (como caramelo o manzana con canela), con crema de cacahuete
- * Papitas horneadas o totopos con salsa
- * Palomitas—infladas con aire o bajas en grasa, hechas en el microondas
- * Palitos de pretzel y un vaso con leche
- * Nueces y fruta seca



Visite HealthyEating.org para obtener GRATIS consejos, herramientas interactivas para evaluar su nutrición, recomendación de comidas y más.



SUBMIT YOUR DESIGN ***FOR THE YEARBOOK COVER!***



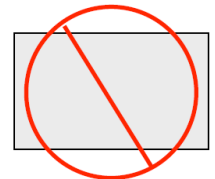
CONTEST DEADLINE:
Wednesday, January 21st!

Submit artwork to teacher or school office
WINNING STUDENT RECEIVES
A FREE YEARBOOK!

Would you like to see your artwork on the yearbook cover and win a free copy? Submit your color art showing this year's theme of "**Roosevelt is Awesome!**" for your chance to win! Use crayons, colored pencils, paint, pens, or any other colorful medium to show our school spirit!

INSTRUCTIONS

Please use a blank, 8.5 x 11 sheet of paper (no lines) in *portrait orientation*.



Your entry must include the following:

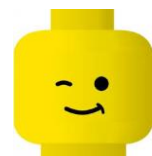
Roosevelt is Awesome!
Roosevelt Elementary School
and the school year **2014-2015**

SUGGESTIONS

Use our Roosevelt Hornet, Lego bricks/people, or anything else your inner-artist wants to work with! Good luck!

Teachers: Please post in classroom - Thank You!

Questions? RYearbook2015@gmail.com



Roosevelt Yearbook Photos Wanted!!!

Email: **RYearbook2015@gmail.com**

Upload : **RYearbook2015 Photo Contributions***



**Send In Your
Most Awesome
Photos Of Our:**

First Day of School •
Community-on-the-
Green • Fall Festival •
Halloween • Field Trips •
Performances • Fun Kid
Candid • Walk-a-thon
• Hornet Hustle • Clubs
• Assemblies • & More!

Email To:

RYearbook2015@gmail.com

Or, Upload To:

RYearbook2015

Photo Contributions*

* https://www.dropbox.com/sh/8n23bcbf1115mta/AABjkb_iTuP9jsZZb3lrL_2na?dl=0



Parent Workshop
For Roosevelt Elementary parents,
caregivers and staff
Thursday, February 5
from 6:00-8:00PM
in the Multipurpose Rm.

People Safety skills help people be safe with people at home, at school, online, out in the world... everywhere. They also help strengthen important relationships. Learn ways to help young people learn and use age-appropriate People Safety skills on an everyday basis to have safer, more positive experiences with people, including strangers, siblings, peers, and other people they know.

This workshop is open to all Roosevelt Elementary parents and staff. During the workshop, we'll practice how to help kids:

- **Be and act aware and confident**
- **Check with adults if anything seems unsafe**
- **Move away from possible problems**
- **Follow Stranger Safety rules**
- **Stay safe from hurtful words**
- **Use voice as a safety tool**
- **Set clear boundaries**
- **Say “No” or “Stop” clearly and respectfully**
- **Deal with other kids poking, pushing, grabbing, etc.**
- **Use safety plans if lost in a store, park, or library**
- **Get help from busy adults - and persist!**



This tailored workshop is a service of



the nonprofit leader in “People Safety”
skills education for all ages & abilities.

Free childcare and Spanish translation will be provided. Please email Yvonne Day-Rodriguez at yvonne@ydaydesigns.com if you have any questions.

Please contact Kidpower at (800) 467-6997 ext. 1# with any questions about the class content, our public workshops or materials, or to talk about arranging a workshop for a group of any age.



Taller para padres y empleados de Roosevelt Elementary Jueves el 5 de febrero 6:00-8:00PM

Multipurpose Room

Las habilidades para la Seguridad de Personas ayudan a la gente permanecer seguras con otra gente en la escuela, en casa, en la Internet...y en todas partes. También ayudan a fortalecer relaciones importantes. Aprenda maneras de ayudar a sus niños aprender y usar las habilidades para la Seguridad de Personas todos los días. Las habilidades les ayuda a los niños sentirse seguros y poder enfrentar a desconocidos y conocidos con confianza. Las habilidades también mejoran relaciones importantes con entrenamiento de comunicación efectiva. Este taller es para todos los padres y empleados de Roosevelt Elementary. Durante el taller, vamos a practicar cómo ayudar a un niño:

- **Consultar con adultos si algo nos parece inseguro**
- **Hacer planes seguros para poder disfrutar salidas**
- **Seguir las Reglas de Seguridad con desconocidos**
- **Usar su voz como herramienta de seguridad**
- **Tener conciencia y confianza**
- **Evitar problemas posibles**
- **Enfrentar los insultos**
- **Establecer barreras firmes**
- **Enfrentar a niños que molestan**
- **Decir “No” o “Pare” claramente y con respeto**
- **Pedir ayuda de adultos ocupados - e insistir!**
- **Usar planes seguros si se pierden en la tienda, parque o biblioteca**



Este taller es un servicio de



la organización especialista en la educación de “Seguridad de Personas” para todas edades y habilidades.

Ofrecemos cuidado infantil gratis y traducción al español. Para más información, por favor mandar correo electrónico a Yvonne Day-Rodriguez: yvonne@ydaydesigns.com.

Por favor contacte a Kidpower a (800) 467-6997 ext. 1# con cualquier pregunta acerca del contenido de la clase, nuestros talleres y materiales públicos, y para organizar un taller privado

4th ANNUAL

ROOSEVELT DADS' CLUB

White Elephant Sale

SAT. FEB. 7, 2015

9 AM - 12 PM

ROOSEVELT ELEMENTARY SCHOOL
951 DOWLING ST., SAN LEANDRO

TOYS

BIKES

KITCHEN ITEMS

ART

CLOTHES

SPORTING GOODS

BOOKS

COLLECTIBLES

& MORE!

Get ready to do your
Spring Cleaning
& find some
rare treasures.
All proceeds
benefit the kids!

BRING YOUR ITEMS TO DONATE
FRIDAY, FEBRUARY 6 • 2-7 pm
ROOSEVELT MULTIPURPOSE ROOM

First Annual Roosevelt Dads' Club Golf Outing



Saturday, FEBRUARY 28, 2015
Registration begins at 11:30 a.m.
Metropolitan Golf Links
10051 Doolittle Dr, Oakland, CA 94603

Golf Package Includes:

- Greens Fee
- Golf Cart
- Range Balls
- Admission to 19th Hole Event

Format: Best Ball Scramble

*All play out a hole from the
"best" previous spot*

- Individual Golf Package \$100 by
January 31st
- Individual Golf Package \$120
February 1-12

19TH HOLE EVENT

Join us at San Leandro's newest local craft brewery:

CLEOPHUS QUEALY

Food & Beverage • Awards & Raffles

For More Information:

We hope to see you there!
Please contact any Dads' Club
board member or Dave Pullman
(510) 684-7755 • hotshotsdp@comcast.net

Sponsorship Opportunity!

Sponsor a Hole • Promote your business to
golfers at this event • Please contact
Dave Pullman for more information:
(510) 684-7755 • hotshotsdp@comcast.net

Player & Payment Information

Player Name(s) _____

Foursome Preference (if any) _____

Payment Method: Check Cash

Please make checks payable to "Roosevelt Dads' Club" Total: \$ _____

Submit form along with payment to: Roosevelt Dads' Club, 951 Dowling Blvd, San Leandro, CA 94577

All donations are tax deductible. Roosevelt Dads' Club is a not-for-profit, 501(c)3 organization.
TAX ID# 94-610753. Please retain a copy of this form as your receipt.



Roosevelt School

Remember this year with a full-color *YEARBOOK!*



Order your child's *YEARBOOK!* copy by **March 3, 2015** for the

Pre-Order Price of: \$20.00

Cost to increase after March 4th!!!

Order your copy today!

Cash or Checks Accepted. Please make Checks Payable to: **Roosevelt PTA**

Please enclose correct payment and return bottom portion to school (Classroom or Office).

Adjunte pago correcto y volver parte inferior a la escuela (aula o en la Oficina).

To: Roosevelt PTA For: *YEARBOOK!*

Student Name(s) _____

Nombre del estudiante

TeacherName(s) _____

Nombre del maestro

Grade/Room No. _____

Total \$ _____