

Roosevelt Hornet Newsletter

951 Dowling Blvd
San Leandro, CA 94577
510-618-4350



Dr. Soraya Sablo-Sutton, Principal
Issue #13, Jan 14, 2015
<http://www.roosevelt-hornets.com/newsletters/>

Important Dates

Jan 14 - LGBTQS Mtg., 7 p.m.
Jan 15 - 4th & 5th Choir Concert, 10 a.m.
Jan 16 - Staff Planning Day-No School
Jan 19 - Martin Luther King Day- No School
Jan 21 - Cindy Kellicott Dedication, 4:30 p.m.
Jan 21 - Voces Unidas, 6:30 p.m.
Jan 22 - Dads' Club Mtg., 6:30, PTA Mtg., 7 p.m.
Jan 23 - School Tour for incoming Students, 9 a.m.
Jan 26 -30- Diebles Testing-EARLY DISMISSAL, TK-K, 8:10-11:40, 1st-5th, 8:10-1:50 (SEE NEXT PAGE)
Jan 27 - AAPAG Mtg., 7 p.m.
Jan 28 - Hobby Night, 6:3-8 p.m.

Future Dates

Feb 4 - Coffee & Conversation, 8:15
Feb 6 - White Elephant Drop off, 2-7 p.m. in the MP Room
Feb 7 - White Elephant, 9-12
Feb 11 - LGBTQS Mtg., 7 p.m.
Feb 11 - Voces Unidas, 7 p.m.
Feb 12 - Dads' club Mtg., 6:30 p.m., PTA Mtg., 7 p.m.
Feb 16-20 - Presidents Week- No School
Feb 24 - AAPAG Mtg., 7 p.m.
Feb 26 - School Tour, 9 a.m., New incoming students.
Feb 28 - Dads' Club Golf Outing, 11:30 a.m.

Jan 14th - LGBTQ Mtg., 7 p.m.
Jan 15th - 4th & 5th Gr. Choir Concert, 10 a.m.
JAN 16TH - STAFF PLANNING DAY-NO SCHOOL
Jan 19th - MLK Day- No School
Jan 21st - Voces Unidas, 6:30 p.m.

Principal's News

Dear Roosevelt Families,

Starting next week our 5th grade classes will embark on their Outdoor Education trip to Pigeon Point. They will have the opportunity to hike through the redwoods, experience the marine life in the tide pools, and even see the elephant seals. It will be a fantastic learning experience for our students. Outdoor Education is an extremely important and expensive program that we are lucky to have here at Roosevelt School. Thank you to all of the families and the PTA, who fundraised and donated money to make this trip happen. There is still time to donate money if you have not done so already. Checks for Outdoor Education can be made out to Roosevelt PTA, with Outdoor Education in the memo. Remember that there is no school on Friday January 16th and Monday January 19th. On Friday, teachers will spend the day planning future lessons, grading papers, and generally getting caught up. Monday is Dr. Martin Luther King Day. Please remember Dr. King's unwavering message of hope and peace.

"If you can't fly then run, if you can't run then walk, if you can't walk then crawl, but whatever you do you have to keep moving forward."

— [Martin Luther King Jr.](#)

Sincerely,
Dr. Soraya Sablo Sutton
Principal, Roosevelt Elementary

Querido Roosevelt Familias,

A partir de la próxima semana del quinto grado se embarcará en su viaje de Educación al Aire Libre de Pigeon Point. Ellos tendrán la oportunidad de caminar a través de las secoyas, experimentar la vida marina en las piscinas de marea, e incluso ver los elefantes marinos. Será una fantástica experiencia de aprendizaje para nuestros estudiantes. Educación al Aire Libre es un programa muy importante y costoso que tenemos la suerte de tener aquí en la escuela Roosevelt. ¡Gracias a todas las familias y el PTA, quienes recaudaron y donaron dinero para hacer este viaje. Todavía hay tiempo para donar dinero si usted no lo ha hecho ya. Cheques para la educación al aire libre pueden ser hechos a Roosevelt PTA, con educación al aire libre en la nota.

Recuerde que no hay escuela el viernes del 16 de enero y el lunes 19 de enero. El viernes, los maestros pasará el día planeando futuras lecciones, clasificación de documentos, y en general quedar atrapados. El lunes es el Dr. Martin Luther King. Por favor, recuerde mensaje firme del Dr. King de la esperanza y la paz.

"Si no se puede volar a continuación, ejecutar, si no puedes correr luego a pie, si no se puede caminar luego se esconden, pero hagas lo que tienes para seguir adelante .

"-Martin Luther King Jr.

Atentamente,
Dr. Sablo Sutton
Principal

Special Thanks to...

- ❖ this week's worker's Monique Fischer and Emina Dzananovic who worked hard and answered phones.

We couldn't have done it without you!

Diebles Testing Week

Dieble Testing Week is January 26th-30th and is EARLY DISSMISSAL. TK-K, 8:10-11:40 and Grades 1st- 5th will be 8:10-1:50. Your student's teacher will be informing you of your students testing time after school. If your student has ACE Club please inform Ms. Kampi your student will be testing or inform the teacher to schedule on a non-ACE Club day. That goes for MaSC, Chess Club and MAD Science classes as well.

Make sure your child is picked up on time. PLEASE PLAN ACCORDINGLY!!!

SAVE THE DATE!!

Happy New Year everyone!

This year we are having Art and Rhythm night on Friday March 27 from 6-8. There will be a Rhythms of Brazil theme and lots of fun art activities as usual. Also new to this year...pizza! As usual, your help is what makes it happen. When we get a little closer to the date I will send out a helper sign-up sheet, but until then please save the date.



Healthy Snacks for Home + School

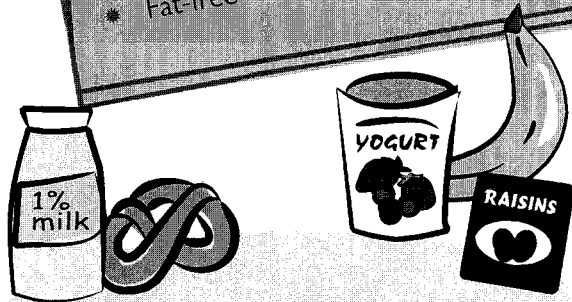
Smart snacking is a great way to meet daily nutrient requirements that may be missed at meal times.

Children may need snacks to help them get enough calories (energy) throughout the day. So, choosing healthy foods that add nutrients, like vitamins and minerals, to their diets is essential.

Quick and nutritious snack ideas:

Milk, Yogurt and Cheese

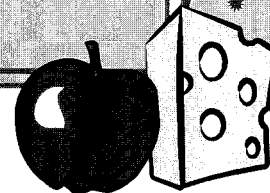
- * String cheese and fruit
- * Milk or yogurt smoothies with juice and sliced bananas or strawberries
- * Cottage cheese or yogurt with fruit (fresh or canned)
- * Fat-free or 1% milk



If chosen carefully, snacks can promote good health by supplying nutrients without adding too many calories.

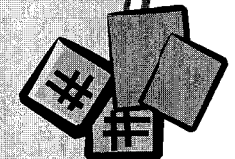
Fruits + Vegetables

- * Raw vegetables with low-fat yogurt dip, cottage cheese or hummus
 - Baby carrots
 - Celery sticks
 - Cucumber slices
- * Apples and cheese – pears and other fresh fruits work, too!
- * Snack-size applesauce
- * 100% fruit juice box



Grains + Meat, Beans and Nuts

- * Whole-grain crackers with cheese or peanut butter
- * Whole-grain cereal with milk
- * Flavored rice cakes (like caramel or apple cinnamon), with peanut butter
- * Baked potato chips, or tortilla chips with salsa
- * Popcorn – air popped or low-fat microwave
- * Pretzel sticks and a glass of milk
- * Trail mix with nuts and dried fruit





Bocadillos Saludables para la Casa y la Escuela

Facilitado la Alimentación Saludable

Los bocadillos elegidos inteligentemente son una magnífica forma de cumplir con los requerimientos nutricionales que pueden faltar en las comidas.

Los niños pueden necesitar los bocadillos para obtener suficientes calorías (energía) durante el día. De allí la importancia de elegir alimentos saludables que añadan nutrientes como vitaminas y minerales a su dieta.

Ideas de bocadillos rápidos y nutritivos:

Leche, Queso y Yogur

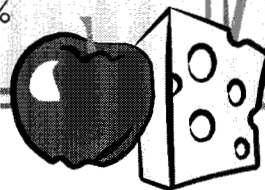
- * Queso para deshebrar y fruta
- * Licuados de leche o de yogur con jugo y pedazos de plátano o fresas
- * Requesón o yogur con fruta (fresca o de lata)
- * Leche sin grasa o con 1% de grasa



Si se eligen con cuidado, los bocadillos pueden promover la buena salud al proporcionar nutrientes sin añadir calorías de más.

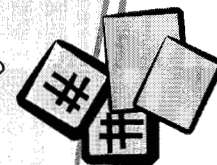
Frutas y Verduras

- * Verduras crudas con yogur bajo en grasa, requesón o humus
Zanahorias, pequeñas
Apio
Pepino en rebanadas
- * Manzanas y queso, peras y otro tipo de fruta fresca
- * Puré de manzana en porción de bocadillo
- * Una cajita de 100% jugo de fruta



Granos + Carnes, Frijoles y Nueces

- * Galletas integrales con queso o crema de cacahuete
- * Cereal integral con leche
- * Hojuelas de arroz de sabores (como caramelo o manzana con canela), con crema de cacahuete
- * Papitas horneadas o totopos con salsa
- * Palomitas—infladas con aire o bajas en grasa, hechas en el microondas
- * Palitos de pretzel y un vaso con leche
- * Nueces y fruta seca



Visite HealthyEating.org para obtener GRATIS consejos, herramientas interactivas para evaluar su nutrición, recomendación de comidas y más.



Cindy Kellicutt
Reading Garden Dedication Ceremony
Roosevelt Elementary School



Please join our community on
January 21 at 4:30pm
as we honor a treasured member
of our community, Cindy Kellicutt.

Cindy was a devoted advocate for all children,
our school, and our community. We are honoring
her memory by dedicating our Reading Garden
in her name.



United Voices / Voces Unidas

January Meeting

Date/ Fecha: Wed. January 21st

Miercoles, 21 de enero

Time/ Hora: 6:30pm

Location/ Lugar: Roosevelt Library/ biblioteca

Please join us!

Por favor, únase a nosotros!

Childcare will be provided.

Se ofrece cuidado de niños

Voces Unidas es un grupo de padres con la meta de asegurarse que todos los padres de familia tienen una voz en la educación de sus hijos.

United Voices is a parent group with the goal of making sure all parents have a voice in their child's education.

1.25.15

SLHS NOTABLES
SPAGHETTI
FEED STARTING
AT 6PM

AT JAMES MADISON ELEMENTARY SCHOOL
14751 JUNIPER STREET
SAN LEANDRO, CA. 94577



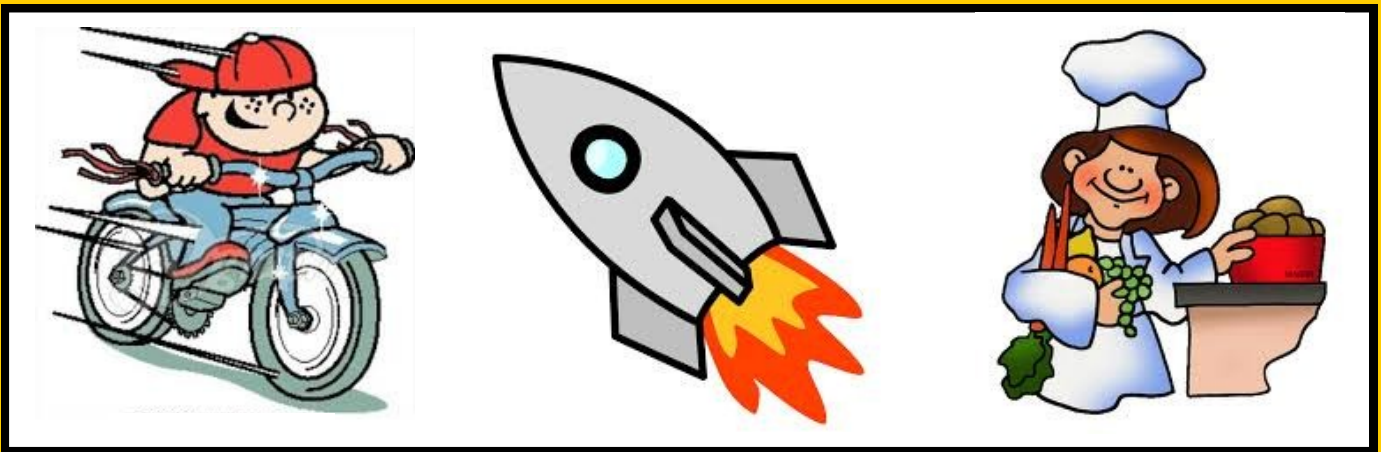
PRICES

- 5 FOR CHILDREN
- 5 FOR SENIORS 65+
- 10 FOR STUDENTS
- 15 FOR ADULTS

**Roosevelt Dads' Club
invites you to**

Hobby Night 2015

January 28 6:30pm–8:00pm



The Dads' Club Hobby Night is coming.

**All hobbies are welcome including
parents' hobbies. Share your hobby and
learn about other hobbies.**

***Set up is between 6:15 and 6:30.**

***Animals need to be boxed or caged
to protect them from humans.**

No signup required

SUBMIT YOUR DESIGN ***FOR THE YEARBOOK COVER!***



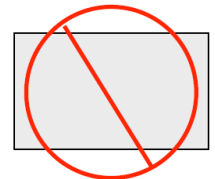
CONTEST DEADLINE EXTENDED:
Wednesday, January 30th!

Submit artwork to teacher or school office
WINNING STUDENT RECEIVES
A FREE YEARBOOK!

Would you like to see your artwork on the yearbook cover and win a free copy? Submit your color art showing this year's theme of "**Roosevelt is Awesome!**" for your chance to win! Use crayons, colored pencils, paint, pens, or any other colorful medium to show our school spirit!

INSTRUCTIONS

Please use a blank, 8.5 x 11 sheet of paper (no lines) in *portrait orientation*.



Your entry must include the following:

Roosevelt is Awesome!
Roosevelt Elementary School
and the school year 2014-2015

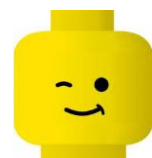
★ Don't forget to add **Your Name** and your **Teacher's Name** on the back! ★

SUGGESTIONS

Use our Roosevelt Hornet, Lego bricks/people, or anything else your inner-artist wants to work with! Good luck!

Teachers: Please post in classroom - Thank You!

Questions? RYearbook2015@gmail.com





Parent Workshop
For Roosevelt Elementary parents,
caregivers and staff
Thursday, February 5
from 6:00-8:00PM
in the Multipurpose Rm.

People Safety skills help people be safe with people at home, at school, online, out in the world... everywhere. They also help strengthen important relationships. Learn ways to help young people learn and use age-appropriate People Safety skills on an everyday basis to have safer, more positive experiences with people, including strangers, siblings, peers, and other people they know.

This workshop is open to all Roosevelt Elementary parents and staff. During the workshop, we'll practice how to help kids:

- **Be and act aware and confident**
- **Check with adults if anything seems unsafe**
- **Move away from possible problems**
- **Follow Stranger Safety rules**
- **Stay safe from hurtful words**
- **Use voice as a safety tool**
- **Set clear boundaries**
- **Say “No” or “Stop” clearly and respectfully**
- **Deal with other kids poking, pushing, grabbing, etc.**
- **Use safety plans if lost in a store, park, or library**
- **Get help from busy adults - and persist!**



This tailored workshop is a service of



the nonprofit leader in “People Safety”
skills education for all ages & abilities.

Free childcare and Spanish translation will be provided. Please email Yvonne Day-Rodriguez at yvonne@ydaydesigns.com if you have any questions.

Please contact Kidpower at (800) 467-6997 ext. 1# with any questions about the class content, our public workshops or materials, or to talk about arranging a workshop for a group of any age.



Taller para padres y empleados de Roosevelt Elementary Jueves el 5 de febrero 6:00-8:00PM

Multipurpose Room

Las habilidades para la Seguridad de Personas ayudan a la gente permanecer seguras con otra gente en la escuela, en casa, en la Internet...y en todas partes. También ayudan a fortalecer relaciones importantes. Aprenda maneras de ayudar a sus niños aprender y usar las habilidades para la Seguridad de Personas todos los días. Las habilidades les ayuda a los niños sentirse seguros y poder enfrentar a desconocidos y conocidos con confianza. Las habilidades también mejoran relaciones importantes con entrenamiento de comunicación efectiva. Este taller es para todos los padres y empleados de Roosevelt Elementary. Durante el taller, vamos a practicar cómo ayudar a un niño:

- **Consultar con adultos si algo nos parece inseguro**
- **Hacer planes seguros para poder disfrutar salidas**
- **Seguir las Reglas de Seguridad con desconocidos**
- **Usar su voz como herramienta de seguridad**
- **Tener conciencia y confianza**
- **Evitar problemas posibles**
- **Enfrentar los insultos**
- **Establecer barreras firmes**
- **Enfrentar a niños que molestan**
- **Decir “No” o “Pare” claramente y con respeto**
- **Pedir ayuda de adultos ocupados - e insistir!**
- **Usar planes seguros si se pierden en la tienda, parque o biblioteca**



Este taller es un servicio de



la organización especialista en la educación de “Seguridad de Personas” para todas edades y habilidades.

Ofrecemos cuidado infantil gratis y traducción al español. Para más información, por favor mandar correo electrónico a Yvonne Day-Rodriguez: yvonne@ydaydesigns.com.

Por favor contacte a Kidpower a (800) 467-6997 ext. 1# con cualquier pregunta acerca del contenido de la clase, nuestros talleres y materiales públicos, y para organizar un taller privado

4th ANNUAL

ROOSEVELT DADS' CLUB

White Elephant Sale

SAT. FEB. 7, 2015

9 AM - 12 PM

ROOSEVELT ELEMENTARY SCHOOL
951 DOWLING ST., SAN LEANDRO

TOYS

BIKES

KITCHEN ITEMS

ART

CLOTHES

SPORTING GOODS

BOOKS

COLLECTIBLES

& MORE!

Get ready to do your
Spring Cleaning
& find some
rare treasures.
All proceeds
benefit the kids!

BRING YOUR ITEMS TO DONATE
FRIDAY, FEBRUARY 6 • 2-7 pm
ROOSEVELT MULTIPURPOSE ROOM

First Annual Roosevelt Dads' Club Golf Outing



Saturday, FEBRUARY 28, 2015
Shotgun START @ 12:30 p.m.

Registration begins at 11:30 a.m.

Metropolitan Golf Links
10051 Doolittle Dr, Oakland, CA 94603

Ind. Golf Packages Include:

- Greens Fee
- Golf Cart
- Range Balls
- Closest to Pin Contest & More
- Admission to 19th Hole Event!

Format: Best Ball Scramble

All play out a hole from the "best" previous spot

FEES Due By Feb. 12th

- \$100 - Individual Golf Package
- \$400 - Foursome Package
- \$100 - Sponsor a Hole

19TH HOLE EVENT



Join us at San Leandro's newest local craft brewery:

CLEOPHUS QUEALY

Food & Beverage • Awards & Raffles

SPONSORSHIP OPPORTUNITIES

Sponsor a Hole • Donate Door Prizes • Sponsor a Contest

Promote your Company, Business, or Organization with Recognition & Signage

CONTACT DAVE PULLMAN (510) 684-7755 • HOTSHOTSDP@COMCAST.NET

Donations are tax deductible • Roosevelt Dads' Club is a not-for-profit, 501(c)(3) organization • TAX ID# 94-6107533

PLAYER & SPONSOR Payment Information  Please REGISTER By FEBRUARY 12TH

PLAYER Name(s) / FOURSOME Pref. _____

SPONSOR / COMPANY / INDIVIDUAL _____

CONTACT PHONE / EMAIL _____

Please Make Checks Payable to: "Roosevelt Dads' Club" Total: \$ _____

Submit form along with payment to: Roosevelt Dads' Club, 951 Dowling Blvd, San Leandro, CA 94577

THANK YOU FOR YOUR SUPPORT!

WANTED!

5TH GRADE BABY PHOTOS

BY FEBRUARY 6, 2015



**ALL 5TH GRADERS,
SUBMIT YOUR FAVORITE BABY PHOTO TO BE
PUBLISHED IN THE ROOSEVELT YEARBOOK
(IT'S ALWAYS FUN TO GUESS WHO IS WHO!)**

TWO WAYS TO SHARE YOUR PHOTO:

- 1. EMAIL WITH SUBJECT LINE: "5TH GRADE BABY PHOTO" TO: MARDYGEN@YAHOO.COM
INCLUDE STUDENT NAME + TEACHER NAME**
- 2. ENVELOPE TO YOUR TEACHER. INCLUDE STUDENT NAME + TEACHER NAME ON ENVELOPE**

Roosevelt Yearbook Photos Wanted!!!

Email: **RYearbook2015@gmail.com**

Upload : **RYearbook2015 Photo Contributions***



**Send In Your
Most Awesome
Photos Of Our:**

First Day of School •
Community-on-the-
Green • Fall Festival •
Halloween • Field Trips •
Performances • Fun Kid
Candid • Walk-a-thon
• Hornet Hustle • Clubs
• Assemblies • & More!

Email To:

RYearbook2015@gmail.com

Or, Upload To:

RYearbook2015

Photo Contributions*

* https://www.dropbox.com/sh/8n23bcbf1115mta/AABjkb_iTuP9jsZZb3lrL_2na?dl=0



Roosevelt School

Remember this year with a full-color *YEARBOOK!*



Order your child's *YEARBOOK!* copy by **March 3, 2015** for the

Pre-Order Price of: \$20.00

Cost to increase after March 4th!!!

Order your copy today!

Cash or Checks Accepted. Please make Checks Payable to: **Roosevelt PTA**

Please enclose correct payment and return bottom portion to school (Classroom or Office).

Adjunte pago correcto y volver parte inferior a la escuela (aula o en la Oficina).

To: Roosevelt PTA For: *YEARBOOK!*

Student Name(s) _____

Nombre del estudiante

TeacherName(s) _____

Nombre del maestro

Grade/Room No. _____

Total \$ _____