

# Roosevelt Hornet Newsletter

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San Leandro, CA 94577  
510-618-4350



Dr. Soraya Sablo-Sutton, Principal  
Issue #13, December 21, 2016  
<http://www.roosevelt-hornets.com/newsletters/>

## Important Dates

**Dec 26-Jan 7** - Winter Break-NO SCHOOL

**Jan 9** - School Resumes

**Jan 11** - Coffee & Conversation, 8:15 a.m.

**Jan 11** - LGBTQS Mtg., 7 p.m.

**Jan 13** - No School-Teacher Planning Day

**Jan 16** - Martin Luther King Day-No School

**Jan 18** - All School Assembly, 8:15 a.m.

**Jan. 19** - Dads' Club Mtg., 6:30 p.m., PTA Mtg., 7 p.m.

**Jan 25** - Voces Unidas, 6:30 p.m.

**Jan 25** - AAPAG Mtg., 6:30 p.m.

**Jan 25** - Special Families Mtg.

**Jan 26** - School Tour, 9 a.m. (Sign up in the office)

**Jan 26** - Hobby Night

## Future Dates

**Feb 1** - Coffee & Conversation, 8:15 a.m.

**Feb 2** - LGBTQS Mtg., 7 p.m.

**Feb 4** - Dads' Club White Elephant Sale

**Feb 9** - All School Assembly, 8:15 a.m.

**Feb 9** - School Tour, 9 a.m.

**Feb 15** - Voces Unidas, 6:30 p.m.

**Feb 15** - AAPAG Mtg., 6:30 p.m.

**Feb 16** - Dads' Club Mtg., 6:30, PTA Mtg., 7 p.m.

**Feb 20-24**-Presidents' Week-No School

*Dec 26<sup>th</sup> - Jan 6<sup>th</sup> - Holiday Break-No School*  
*Jan 9<sup>th</sup> - School Resumes*

**Jan 11<sup>TH</sup> - Coffee & Conversation, 8:15 a.m.**

**Jan 11<sup>th</sup> - LGBTQS Mtg., 7 p.m.**

## Principal's News

Greetings Roosevelt Community,

Season's Greetings Roosevelt families!

We have almost made it to the end of 2016! It's hard to believe how quickly this year has flown by. Enjoy the 2 weeks off with your children. Spend some time hanging out and playing with them as much as you can. Family time is so precious!

Thank you to all of the families who came out to enjoy our Hornet Hustle today. What a fun event! It was great to see the entire school come together in a celebration of singing and dancing.

I wish you all a joyful, safe, and relaxing Winter Break! See you in 2017.

Respectfully,

Dr. Sablo Sutton  
Principal, Roosevelt School

Saludos Familias de Roosevelt,

¡Casi hemos llegado al final de 2016! Es difícil creer lo rápido que ha pasado este año. Disfrute de las 2 semanas de vacaciones con sus hijos. Pasa algún tiempo jugando con ellos tanto como puedas. Tiempo de la familia es tan precioso!

Gracias a todas las familias que salieron a disfrutar de nuestro Hornet Hustle hoy. ¡Qué divertido evento! Fue genial ver a toda la escuela reunirse en una celebración de cantar y bailar.

Les deseo a todos un descanso de invierno alegre, seguro y relajante! Nos vemos en 2017.

Respetuosamente,

Dr. Sablo Sutton  
Directora, Roosevelt School

### Special Thanks to...

- ❖ this week's worker's [Ava Probasco](#) and [Richie Jones](#) who worked hard and answered phones.

We couldn't have done it without you!

### Schoola Clothes Donations

Please, please only bring clothing that you would donate to your mom or your BFF (meaning clothes should be gently used and clean). This is not to be used as a dumping ground. All items being donated bring in much needed money to the school. Thank you for your participation.

### CHINOOK BOOKS FOR SALE

Chinook Book is now available to purchase in the front office. Hundreds of coupons for local restaurants, bike shops, nurseries, home goods and grocery stores available on the smart phone app or Chinook book coupon. Support your local businesses such as Evergreen Nursery, Estudillo Produce and Deli, Zocalo Coffee, ACE hardware, Bluebird Pizza, Mike's Feed and Pet while supporting your school. Purchase the book for \$20 and receive the \$15 app for free. All proceeds benefit Roosevelt PTA.

### Lost and Found

Please check the Lost and found in the main hallway for your students lost items. The lost and Found is on the hooks by the front door. All items will be donated to the Women and Children Shelter of San Leandro.

Please, please make sure you put your child's name in your jackets, sweaters, lunchboxes, etc. If their name is in them we will have them returned to their teacher.

Thank you!



# Holiday Food and Toy Program



For 46 years, Davis Street, in collaboration with the Alameda County Fire Department, San Leandro Police Officers Association, local schools, clubs, faith-based community, and businesses, has provided food baskets complete with fresh poultry, seasonal canned goods, and new toys for children to thousands of needy families throughout San Leandro, San Lorenzo, Ashland, Cherryland, and Castro Valley.

## WE NEED YOUR HELP IN COLLECTING:

**New Toys ~ Gift Certificates for Teens**

**Turkeys ~ Non-Perishable Food ~ Cash Donations  
for Bikes for Tykes Program and Gift Cards**

REGISTRATION to receive assistance will be  
November 1st - 18th OR until capacity is met.

DISTRIBUTION will take place on  
Friday, December 23rd

ITEMS MAY BE DROPPED OFF AT  
Davis Street

3081 Teagarden Street  
San Leandro, CA 94577

Monday—Thursday 8am - 8:00pm  
Friday 8am - 6:00pm



# THANK YOU!

Call 510-347-4620 for more information

<http://davisstreet.org/>



# Healthy Holiday Treats and Snack Ideas for Class Parties!



Follow these links for more ideas and directions.

<http://www.homeroommom.com/post/308-healthy-festive-snacks-for-your-winter-classroom-party>

<http://www.momables.com/10-healthy-holiday-treats-for-the-classroom/>

<http://lovelive.com/2012/12/20/healthy-snacks-for-the-classroom-holidays-and-more/>

<http://www.100daysofrealfood.com/2012/12/04/healthy-holiday-parties-at-school/>

<http://school-bites.com/healthy-school-holiday-party-red-and-green-food/>

<http://www.superhealthykids.com/8-no-fail-healthy-holiday-classroom-snacks/>

Thank you for choosing healthier options for Roosevelt students!



# How to sign up for Dr. Sablo Sutton's Roosevelt Parent Alerts messages:



To receive messages via text, text **@drsabl** to **(510) 323-4507**. You can opt-out of messages at anytime by replying, 'unsubscribe @drsabl'.



\*Standard text message rates apply.

Or to receive messages via email, send an email to **drsabl@mail.remind.com**. To unsubscribe, reply with 'unsubscribe' in the subject line.



## WHAT IS REMIND AND WHY IS IT SAFE?

Remind is a one-way text messaging and email system. With Remind, all personal information remains completely confidential. Teachers will never see your phone number, nor will you ever see theirs.

Visit [remind.com](http://remind.com) to learn more.

**ONLINE REGISTRATION NOW AVAILABLE (opens 12DEC16, 7:45 AM)!**

<https://roosevelt.schoolauction.net/aceclub2016/catalog>

**ACE CLUBS: Session 1 - Begins Jan 9<sup>th</sup> – Ends Mar 24<sup>th</sup> · REGISTRATION BEGINS MONDAY, Dec. 12<sup>th</sup>**

**SEE NEXT PAGE (back) FOR CLUB DESCRIPTIONS**

**Clubs are NOT guaranteed and spots will NOT be held if payment is not enclosed.**

**Questions? Call Nicole Hunter-Maes @579-0209 or email RooseveltAceClubs@gmail.com**

**If there is a problem or the club is full, we will contact you!**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b><u>JUNIOR ACERS</u></b> 2:10-3:00 (Kinder & 1 <sup>st</sup> only) FEE: \$70	<b><u>ANIMAL LOVERS</u></b> 2:10-3:00 (K-3 <sup>rd</sup> grades only) FEE: \$70	<b><u>K'NEX</u></b> 2:00 – 3:00 (ALL GRADES) FEE: \$55	<b><u>INT'L COOKING I</u></b> <b><u>FULL</u></b>	<b><u>TYPING</u></b> 2:10- 3:00 (1 <sup>st</sup> – 3 <sup>rd</sup> ) FEE: \$70
<b><u>GARDENING</u></b> 3:00-4:00 (All Grades) \$70	<b><u>ANIME DRAWING</u></b> 3:00 – 4:00 (2 <sup>ND</sup> – 5 <sup>TH</sup> ) FEE: \$70	<b><u>HAND SEWING</u></b> 2:00 – 3:00 (2 <sup>nd</sup> - 5 <sup>th</sup> ) FEE: \$70	<b><u>INT'L COOKING II</u></b> 3:00-4:00 (2 <sup>ND</sup> – 5 <sup>TH</sup> ) FEE: \$75	<b><u>FRIENDSHIP BRACELETS</u></b> 2:10 – 3:00 (K – 3 <sup>rd</sup> ) FEE: \$70
<b><u>CERAMICS</u></b> 3:00-4:30 (2 <sup>nd</sup> -5 <sup>th</sup> grades only) FEE: \$85	<b><u>RECORDER LESSONS</u></b> 3:00 – 4:00 (2 <sup>ND</sup> – 5 <sup>th</sup> ) FEE: \$70		<b><u>BACT I</u></b> 2:10 – 3:00 (TK – 2 <sup>nd</sup> ) FEE: \$150	
<b><u>TYPING</u></b> 3:00- 4:00 (3 <sup>RD</sup> – 5 <sup>TH</sup> ) FEE: \$70			<b><u>BACT II</u></b> <b><u>FULL</u></b>	
	<b><i>SPECIAL THANKS TO ESTUDILLO PRODUCE, THE ACE SNACK SUPPLIER!</i></b>			

**ACE Needs YOU!!! ARE YOU INTERESTED IN RUNNING OR ASSISTING IN A CLUB?**

**Call Nicole @ 579-0209 or email RooseveltAceClubs@gmail.com for more info or to volunteer.**

**\*Use 1 form/student\*1 check OK for sign-ups \*Yes, you can sign up for multiple classes!**

Student's Name \_\_\_\_\_ Teacher \_\_\_\_\_ Grade \_\_\_\_\_

Home Phone \_\_\_\_\_ Parent/Guardian Name \_\_\_\_\_ Email: \_\_\_\_\_

In Case of Emergency, Call \_\_\_\_\_

Name & Home Phone/Cell # of Emergency Contact (During Club Time)

1<sup>st</sup> Club Choice \_\_\_\_\_ Cost: \_\_\_\_\_ 2<sup>nd</sup> Club Choice \_\_\_\_\_ Cost: \_\_\_\_\_  
Day / Time / Club Name

Day / Time / Club Name  
3<sup>rd</sup> Club Choice \_\_\_\_\_ Cost: \_\_\_\_\_ 4<sup>th</sup> Club Choice \_\_\_\_\_ Cost: \_\_\_\_\_  
Day / Time / Club Name

Day / Time / Club Name

**Cash or Check** made payable to: "Roosevelt Dad's Club"- *All Proceeds Go Directly Into ACE !*

**TOTAL \$ ENCLOSED:** \_\_\_\_\_ **Returned Check Fee: \$35.00**

**Does your child attend any of the following child care programs?**

\_\_\_\_\_ Davis St. \_\_\_\_\_ Saint James \_\_\_\_\_ Sheffield Village \_\_\_\_\_ *please inform them about ACE participation!*

**\*\*\*Does your child have any allergies?** \_\_\_\_\_

professional instructors. If you are new to our school or new to our club, please feel free to call Nicole @ 579-0209 with questions. If you are available one hour per week, we could really use your help! All registered students will “sign-in & out” in ACE Room 6A.

**REGISTER EARLY TO GUARANTEE YOUR SPOT AND ENSURE A CLASS WILL NOT BE CANCELLED DUE TO LOW ENROLLMENT!! Checks will be cashed in January.**

**\*\*\*\*\*Class Descriptions\*\*\*\*\***

**Animal Lover’s:** This class is for the true animal lover! Come meet ACE's mascots, Caramel and Reese's the Guinea Pigs and Star the Crested Gecko! This class will have the opportunity to observe how to interact and care for our live animal mascots. You will also learn about different types of animals plus create original “animal art”. We'll have fun snacks plus “**Live Animal Guests!**” Taught by Ms. Nicole. **Grades K-3, Lim 16**

**Anime Drawing:** Join Roosevelt alumni Tristan Thistleweite as she teaches the fascinating method of Anime art. Students will even receive a customized Anime drawing of themselves! **Grades 3 – 5, Lim 15**

**Bay Area Children’s Theater:** Join the popular BACT on an improv-based theatrical class that creatively engages students in 6 different areas of theatre arts. From acting, writing (story creation), directing, improvisation, song, and dance, Adventures in Theatre! uses many aspects of production to create a unique and student-driven experience. The BACT teacher will facilitate student’s journey through their individually created characters and story creation. Students will share their work on the final day of class in an open ‘performance’, to which both parents and friends are invited! Two classes by grade, Grades TK – 2<sup>nd</sup> and Grades 2<sup>nd</sup> – 5<sup>th</sup>.Lim: 20 students/ class.

**Ceramic Arts:** Roosevelt Welcomes back “Aran’s Art Studio” from Castro Valley, an exciting and popular veteran to the ACE Program. Projects will include: Clay, Tiles and Glass Fusing. Class fees include all materials and all projects will be glazed and fired at the studio. Just imagine how much your loved ones will appreciate hand-crafted pieces of art. **Grades 2-5, Limit 12**

**Friendship Bracelets:** Do good while learning the art of making beautiful friendship bracelets. Students will make bracelets for donation to the local children’s hospitals as well as for themselves and their friends. Two classes by grade: **K – 3<sup>rd</sup> and 3<sup>rd</sup> – 5<sup>th</sup>, Limit 15 / class**

**Hand Sewing:** Join Ms.Gwen and learn the art of sewing by hand as you learn how to sew simple designs such as pillows, using colorful all-cotton fabrics.. All supplies will be provided. **Grades 2 – 5, Limit 10**

**International Cooking I & II:** Join Ms. Nicole as she takes students on a culinary journey around the world! From French crepes to Louisiana Cajon food, this class is sure to satisfy your student’s appetite for adventure! Two classes by grade. **Grades TK – 1<sup>st</sup> and 2<sup>nd</sup> – 5<sup>th</sup>, Limit 12 / class**

**Junior Acers:** This multi-topic ACE class targets K & 1<sup>st</sup> Grade students. We will explore age appropriate cooking, art, K’NEX and science projects. This is a **great intro** to the ACE program! Ms. Nicole provides students with variety while ensuring they learn to work & create in a group setting while being comfortable with children their own age. **Grades K-1, Lim16**

**K’NEX:** Boys and girls of all ages have great fun in this club! Learn to create incredible machines, vehicles, creatures and anything else you can imagine. Race your vehicles down the racetrack. Using the K’NEX system of rods and connectors, you can design machines with the use of gears, pulleys, wheels, and levers. **Grades K-5, Lim 18**

**Recorder Lessons:** Have you ever wanted to learn a musical instrument? Learning to play a musical instrument is not only fun, there is significant evidence that it can provide numerous academic upsides for students. Recorders are one of the earliest and easiest woodwind instruments to learn. Students will learn the basics of playing their very own recorder taught by Ms. Nicole and Mr. Darren, a Roosevelt volunteer who not only holds a BA in music but is an integral member of the neighboring All- Saint’s Episcopal church music community. The last class will include a student performance to which their friends and family are invited. **Grades 2<sup>nd</sup> – 5<sup>th</sup>, Lim 10.**

**Typing I & II:** Come join Roosevelt parent Dawn Thistleweite as she exposes students to the ever useful skill of typing using fun Chromebook based games. **TWO CLASSES: Grades 1 – 2 and Grades 3 – 5, Lim 15/class**

**PLEASE REGISTER ASAP AS CLASSES MAY BE CANCELLED DUE TO LOW REGISTRATION!**





\*\*\*\*\* **Descripciones de las clases** \*\*\*\*\*

**Amante de los animales:** Esta clase es para el verdadero amante de los animales! Ven a conocer a las dos nuevas mascotas de ACE, así como nuestras mascotas que regresa, Butterscotch, el hámster y Star el Gecko! Esta clase tendrá la oportunidad de observar cómo cuidar de nuestros animales vivos, mascotas. También aprenderá acerca de los diferentes tipos de animales además de crear "animal arte" original. Tendremos bocadillos divertidos además tendremos "animales vivos como huéspedes!", Impartido por la Sra Nicole. **Los grados K-3, Límite 16**

**Artes Cerámica:** Roosevelt da la bienvenida a "Estudio de Arte de Aran" de Castro Valley, una interesante adición al Programa ACE. Los proyectos incluirán: Clay, Azulejos y vidrio Fusing. Honorarios de las clases incluyen todos los materiales y todos los proyectos serán vidriada y cocida en el estudio. Imaginense cuánto mamá, papá, abuelos o cualquier ser querido realmente va a disfrutar de las piezas de arte hechas a mano. **Grados 2-5, límite 12/ clase**

**Cocina Gourmet para Niños:** Únete Chef Jarrod Jayne, propietario de Talleres de cocina, ya que lleva a su joven chef en una exploración de diferentes ideas y técnicas de cocina, recetas incluyen sabores como la mezcla del curry, boloñesa o salsas pesto a partir de cero, salteados divertidos, Flatbreads y Condimentos - también desde cero! Las clases se extenderán de preparación de la comida para la terminación más tarde en casa a la experimentación en su clase con un énfasis en la creatividad culinaria. Únase a nosotros en esta aventura culinaria creativa y sorprendente! \*\* Si su hijo tiene otras alergias a los alimentos, por favor háganoslo saber. (Para tener en cuenta: La seguridad es una prioridad.) **2 clases por grado: Kinder; Grados 1ro-5to, Límite 10**

**Costura a Mano:** Únase a Ms.Gwen y aprenda el arte de coser a mano mientras aprende a coser diseños sencillos como almohadas, usando telas de algodón. Todos los suministros serán proporcionados. **Grados 2 - 5, Límite 10**

**Dibujando Estilo Amine:** Únete a los ex alumnos de Roosevelt Tristian Thistlewaite mientras enseña el fascinante método del arte del Anime. ¡Los estudiantes recibirán un dibujo personalizado de Anime de sí mismos! **Grados 3-5, límite 15**

**Júnior Acers:** Esta clase ACE multi-tema se dirige a estudiantes de Kinder y 1er grado. Exploraremos proyectos, de cocina, arte, K'NEX, y ciencias apropiados a la edad. **Esta es una gran introducción** al programa ACE! Mrs. Nicole proporcionará a los estudiantes con una variedad, garantizando que los jóvenes aprenden a trabajar y crear en un ambiente de grupo, al mismo tiempo que estén a gusto con los niños de su misma edad. Además tendremos una huésped maestra musical, Katheleen Rushing de BingoSchmingo Music, Los estudiantes recibirán una copia de su CD gratis **Grados K-1, límite 16**

**K'NEX:** ¡Niños y niñas de todas las edades tienen una gran diversión en este club! Aprende a crear increíbles máquinas, vehículos, criaturas y cualquier otra cosa que puedas imaginar. Has carreras con tus vehículos en la pista de carreras. Usando el sistema K'NEX de varillas y conectores, se puede diseñar máquinas con el uso de engranajes, poleas, ruedas y palancas. **Grados K-5, límite 18/clase**

**Lecciones de flauta:** ¿Alguna vez has querido aprender un instrumento musical? Aprender a tocar un instrumento musical no es sólo diversión, hay evidencia significativa de que puede proporcionar numerosos aumentos académicos para los estudiantes. Los registradores son uno de los instrumentos más tempranos y más fáciles de la madera para aprender. Los estudiantes aprenderán los fundamentos de jugar su propio grabador enseñado por la Sra. Nicole y el Sr. Darren, un voluntario de Roosevelt que no sólo tiene un título en música, sino que es un miembro integral de la comunidad de música de la iglesia episcopal vecina de All-Saint. La última clase incluirá un rendimiento estudiantil al que se invita a sus amigos y familiares. **Grados 2 ° - 5 °, Lim 10.**

**Mecanografía:** Ven y únete a Dawn Thistlewaite, una mamá de Roosevelt mientras expone a los estudiantes a la habilidad siempre útiles de escribir a máquina usando juegos divertidos en los Chromebook. DOS CLASES: Grados 1-2 y Grados 3-5, Límite 15/clase.

**Pulgarcito Verde:** ¿Alguna vez ha explorado el jardín de Roosevelt o quería sembrar sus propias plantas, frutas o verduras? Únase a la Sra Nicole para esta experiencia divertida donde vamos a aprender acerca de todo, desde granjas de lombrices, plantas de aire, invernaderos y compostaje para explorar la abundancia existente en Roosevelt y el crecimiento de su propia recompensa. **Grados 1 - 5, Límite 12**

**Pulseras de Amistad:** Hacer el bien aprendiendo el arte de hacer hermosas pulseras de amistad. Los estudiantes harán brazaletes para la donación a los hospitales infantiles locales, así como para ellos y sus amigos. **Dos clases por grado: K - 3° y 3° - 5°, Límite 15 / clase**






**Teatro del Area de la Bahía para niños:** Únase a la popular BACT en una clase teatral basada en la improvisación que invita creativamente a los estudiantes en 6 diferentes áreas de las artes del teatro. Desde la actuación, la escritura (creación de cuentos), dirección, improvisación, canto y danza, Adventures in Theatre! Utiliza muchos aspectos de la producción para crear una experiencia única y dirigida por los estudiantes. El profesor de BACT facilitará el viaje del estudiante a través de sus personajes creados individualmente y la creación de la historia. ¡Los estudiantes compartirán su trabajo en el último día de clase en una 'actuación' abierta, a la que tanto padres como amigos están invitados! **Dos clases por grado, Grados TK - 2do y 2do - 5to. Límite: 20 estudiantes / clase.**

**¡POR FAVOR REGISTRESE PRONTO YA QUE LAS CLASES DE BAJA MATRICULA SERÁN CANCELADA!**

JANUARY 2017  
SAN LEANDRO  
ELEMENTARY LUNCH



Winter

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9 BREAKFAST Assorted Muffins  LUNCH Crunchy Chicken Corn Dog	10 BREAKFAST Warm Cinnamon Bread  LUNCH Deluxe Hamburger on a Whole Grain Bun	11 BREAKFAST Pancake and Turkey Sausage on a Stick  LUNCH Pizza - Cheese or Turkey Pepperoni*	12 BREAKFAST Turkey Sausage Breakfast Pizza  LUNCH Crispy Chicken Tenders Potato Tots	13 <b>NO SCHOOL</b>  
16 <b>NO SCHOOL</b>  	17 BREAKFAST Manager's Choice  <b>NEW</b> LUNCH Nacho Lil Bites	18 BREAKFAST Mini Cinnis  <b>NEW</b> <b>BREAKFAST FOR LUNCH</b> Sausage and Waffle Breakfast Sandwich Tator Tots	19 BREAKFAST Turkey Sausage Breakfast Pizza  LUNCH Beef Hot Dog on a Whole Grain Bun Dill Pickle Chips	20 BREAKFAST Apple Bun Bites  LUNCH Cheesy Macaroni <b>Strawberry Milk</b> 
23 BREAKFAST Yami Yogurt and Graham Crackers  LUNCH Bean and Cheese Burrito & Salsa Dip	24 BREAKFAST Pancake & Sausage Bites  LUNCH Chicken Sluggers <b>Cornbread Star</b>	25 BREAKFAST Warm Cinnamon Bread  LUNCH Pizza - Cheese or Turkey Pepperoni* 	26 BREAKFAST Turkey Sausage Breakfast Pizza  LUNCH Teriyaki Chicken Fluffy Brown Rice	27 BREAKFAST Assorted Muffins  LUNCH Crunchy Corn Dogs
30 BREAKFAST Apple Bun Bites  LUNCH Bosco Mozzarella Cheese Stick Marinara Dip Cup	31 BREAKFAST Maple Pancakes  LUNCH Italian Pasta & Meat Sauce Dinner Roll	February 1 BREAKFAST French Toast Sticks  <b>CHICKEN AND WAFFLES</b> Chicken Drumsticks Snack Maple Waffle	2 BREAKFAST Turkey Sausage Breakfast Pizza  LUNCH Chicken Patty on Whole Grain Bun	3 BREAKFAST Strawberry Pop Tarts  LUNCH Toasted Cheese Sandwich <b>Strawberry Milk</b> 



**GARDEN BAR**  
Serving locally grown produce whenever possible



<b>Fruit</b> Fresh Apples 1/2 cup	<b>Fruit</b> Petite Bananas 1/2 cup	<b>Fruit</b> Orange Smiles 1/2 cup	<b>Fruit</b> Apple Slices 1/2 cup	<b>Fruit</b> Fresh Seasonal Fruit 1/2 cup
<b>Starchy Veg</b> Sweet Peas 1/4 cup <b>Other Veg</b> Crisp Garden Greens 1/4 cup <b>Red &amp; Orange Veg</b> Carrot Sticks 1/4 cup Ranch Dressing	<b>Beans</b> Kidney or Garbanzo Beans 1/4 cup <b>Dark Green Veg</b> Spinach Salad 1/4 cup <b>Other Veg</b> Cucumber Sticks 1/4 cup Ranch Dressing	<b>Red &amp; Orange Veg</b> Tomatoes 1/4 cup <b>Beans</b> Kidney or Garbanzo Beans 1/4 cup <b>Other Veg</b> Crisp Garden Greens 1/4 cup Ranch Dressing	<b>Dark Green Veg</b> Broccoli Florets 1/4 cup <b>Starchy Veg</b> Jicama Sticks 1/4 cup <b>Other Veg</b> Carrot Sticks 1/4 cup Ranch Dressing	<b>Dark Green Veg</b> Spinach Salad 1/4 cup <b>Red &amp; Orange Veg</b> Baby Carrots 1/4 cup <b>Starchy Veg</b> Corn Niblets 1/4 cup Ranch Dressing
<b>Milk</b> 1% Low-fat White Milk Non-fat Chocolate Milk	<b>Milk</b> 1% Low-fat White Milk Non-fat Chocolate Milk	<b>Milk</b> 1% Low-fat White Milk Non-fat Chocolate Milk	<b>Milk</b> 1% Low-fat White Milk Non-fat Chocolate Milk	<b>Milk</b> 1% Lowfat White Milk Non-fat Chocolate Milk

MENU SUBJECT TO CHANGE AND UPDATED ON DISTRICT WEBSITE – This institution is an equal opportunity provider \*Entrée may contain pork

**Available Daily for Breakfast**  
Choice of Hot Breakfast Menu or Cereal and Graham Crackers,  
Fresh Fruit or 100% Fruit Juice  
Choice of low-fat White Milk or non-fat Chocolate Milk  
Chocolate Milk does not contain high fructose corn syrup!







**Available Daily for Lunch**  
Hot Entrée, Fresh Seasonal Garden Bar with Fresh Fruit and Vegetables,  
Choice of low-fat White Milk or non-fat Chocolate Milk  
Our milk is hormone free and antibiotic free!  
Vegetarian option available upon request

ENERO  
SAN LEANDRO  
PRIMARIA LUNCH



Winter

LUNES	MARTES	MIERCOLES	JUEVES	VIERNES
9 DESAYUNO Variedad de Muffins  ALMUERZO Corn Dog Crujiente	10 DESAYUNO Pan de Canela Caliente  ALMUERZO Hamburguesa En Pan de Trigo Entero	11 DESAYUNO Pancake y Salchicha en Trocitos largos  ALMUERZO Pizza de Pavo y Pepperoni o pizza de queso *	12 DESAYUNO Pizza Para Desayuno  ALMUERZO el pollo tierno la Papa	13 No hay escuela  
16 No hay escuela  	17 DESAYUNO Opción de Manager  <b>NEW</b> ALMUERZO Nacho Lil Bites	18 DESAYUNO Mini Cinnis  <b>DESAYUNO PARA ALMUERZO</b> Salchicha y waffle sandwich de desayuno Pollo y Papas  <b>NEW</b>	19 DESAYUNO Pizza Para Desayuno  ALMUERZO Perrito caliente en un bollo Dill Pickle Chips	20 DESAYUNO Cumbres del penecillo  <b>ALMUERZO</b> Macaron con Queso <b>Fresa Leche</b> 
23 DESAYUNO Yami Yogurt and Galletas Graham  ALMUERZO Burrito de Frijol y Queso Salsa di	24 DESAYUNO Mini panqueque and Turquia salchicha Bites  ALMUERZO Pollo Sluggers Cornbread Star	25 DESAYUNO Pan de Canela Caliente  ALMUERZO Pizza de Pavo y Pepperoni o pizza de queso	26 DESAYUNO Pizza Para Desayuno  ALMUERZO Pollo a la Teriyaki con Arroz Integral	27 DESAYUNO Variedad de Muffins  ALMUERZO Corn Dog Crujiente
30 Desayuno Mini Bollo Muerde  ALMUERZO Palillo de Queso Con Salsa Marinara	31 DESAYUNO Pancakes de Arce  ALMUERZO Pasta Italiana con Salsa de carne Panecillo de trigo integral	February 1 DESAYUNO Palitos de tostada francesa  <b>DESAYUNO PARA ALMUERZO</b> Pollo y Waffles Muslo de Pollo El tentempié Waffles	2 DESAYUNO Pizza Para Desayuno  ALMUERZO Patty de Pollo con Pan Integral	3 DESAYUNO Pop de tarta de fresa  ALMUERZO Sandwich de Queso Derretido <b>Fresa Leche</b> 



**GARDEN BAR**  
Serving locally grown produce whenever possible



Fruta	Fruta	Fruta	Fruta	Fruta
Manzana Verde ½ taza	Banano Miniatura ½ taza	Rebanadas de Naranja ½ taza	Rebanadas de Manzana ½ taza	Fruta Fresca de temporada ½ taza
<b>Vegetales con Almidón</b> Alverjas ¼ taza <b>Otros Vegetales</b> Ensalada Verde Crujiente ¼ taza <b>Vegetales Rojos y Naranja</b> Palillos de Zanahoria ¼ taza Ranch Dressing	<b>Frijoles</b> Kidney or Garbanzo Beans ¼ taza <b>Vegetales Verdes</b> Ensalada de Espinaca ¼ taza <b>Otros Vegetales</b> Palillos de Pepino ¼ taza Ranch Dressing	<b>Vegetales Rojos y Naranja</b> Tomates ¼ taza <b>Frijoles</b> Frijoles Kidney/Garbanzo ¼ taza <b>Otros Vegetales</b> Vegetales Crujientes ¼ cup Ranch Dressing	<b>Vegetales Verdes</b> Floretes de Broccoli ¼ taza <b>Vegetales con Almidón</b> Jicama ¼ taza <b>Otros Vegetales</b> Palillos de Apio ¼ taza Ranch Dressing Dip	<b>Vegetales Verdes</b> Ensalada de Espinaca ¼ taza <b>Vegetales Rojos y Naranja</b> Zanahoria tierna ¼ taza <b>Vegetales con almidón</b> Maiz tierno ¼ taza Ranch Dressing
<b>Leche</b> 1% Lecha baja en grasa Leche achocolatada sin grasa	<b>Leche</b> 1% Lecha baja en grasa Leche achocolatada sin grasa	<b>Leche</b> 1% Lecha baja en grasa Leche achocolatada sin grasa	<b>Leche</b> 1% Lecha baja en grasa Leche achocolatada sin grasa	<b>Leche</b> 1% Lecha baja en grasa Leche achocolatada sin grasa

MENÚ SUJETO A CAMBIO Y ACTUALIZADA EN EL SITIO WEB DEL DISTRITO – Esta institución es un proveedor de igualdad de oportunidades \* Entrada puede contener carne de cerdo

**Disponible para el desayuno**

Choice of Hot Breakfast Menu or Cereal and Graham Crackers, Fresh Fruit or 100% Fruit Juice  
Choice of low-fat White Milk or non-fat Chocolate Milk  
Chocolate Milk does not contain high fructose corn syrup!



**Todos los días para el almuerzo**

Hot Entrée, Fresh Seasonal Garden Bar with Fresh fruit and Vegetables, Choice of low-fat White Milk or non-fat Chocolate Milk  
Our milk is hormone free and antibiotic free!  
Vegetarian option available upon request