Roosevelt Hornet Newsletter

951 Dowling Blvd San Leandro, CA 94577 510-618-4350

Important



Dr. Soraya Sablo-Sutton, Principal Issue #1, August 27, 2014 http://www.roosevelt-hornets.com/newsletters/

Dates Aug 28 - PTA Mtg., 6:30 p.m., MP Room Future Dates

Sept 1 - Labor Day-NO SCHOOL Sept 3 - Coffee & Conversation, 8:15 Sept 9 - Picture Day Sept 10 - All School Assembly, 8:15 a.m. Sept 11- Back to School Night Sept 17 - Voces Unidas, Library, 6:30 Sept 18 - PTA Mtg., Library, 7 p.m. Sept 23 - African American Parent Advisory Group (AAPAG), Sept 25 - LGBTQS

Special Thanks to...

 This week's worker's <u>Maya</u> <u>West</u> and <u>Angelina</u> <u>Arellano</u> who worked hard and answered phones.

We couldn't have done it without you!

Aug 28th - PTA Mtg., 7:00 p.m. Sept 1st - Labor Day-NO SCHOOL Sept - 3rd - Coffee & Conversation, 8:15 a.m. Sept 9th - PICTURE DAY

Principal's News

Dear Roosevelt Families,

Welcome back to school! I hope you had a relaxing summer with your children. We've had a tremendous start to the school year. Students and teachers are getting settled in their classrooms and focused on teaching and learning. Thank you for your support as we start up the school year.

I welcome our new families to Roosevelt Elementary School. You will find that this is an amazing community, filled with helpful families, and lots of ways to get involved with your child's education.

Please make sure your child has breakfast in the morning before school. When students are fed and rested, they perform much better academically. San Leandro Unified offers **FREE** breakfast to all students. Roosevelt school opens at 7:40 for breakfast.

As a reminder, the area in front of Roosevelt School on Dowling Blvd. (between the No Parking signs) is a <u>loading zone only</u>. The San Leandro Police Department will issue tickets to unattended cars. Please do not park and leave your car unattended during morning drop-off time. It prevents other parents from safely dropping their children off. If you would like to walk your child to class, please park across the street, or further down the street, beyond the No Parking signs. I appreciate your help in keeping all Roosevelt students safe.

Sincerely, Dr. Soraya Sablo Sutton

PTA MEETING

Come join us for our first PTA meeting this Thursday, August 28, 6:30p.m., in the multi-purpose room. Meet new parents, learn about many exciting things happening at Roosevelt, get connected and involved. Childcare, Spanish & Chinese Translation provided. Looking forward to a great new year because "Roosevelt is Awesome"!

Roosevelt Elementary Bell Schedule 2014-2015

7:55 a.m. <u>8:10 a.m.</u> 9:15 a.m.-9:30 a.m. <u>9:30 a.m.</u> 9:45 a.m.-<u>10:00 a.m.</u> 11:30 a.m.-<u>12:15 p.m.</u> 12:00 p.m.-<u>12:45 p.m.</u> 11:40 a.m. 1:45 p.m. <u>2:05 p.m.</u> <u>3:00 p.m.</u> Playground Open (Please do not drop children off before this time.)
Line up Bell for Grades K-5, Instruction begins
Recess for Grades K-3
TK-K Late Birds Arrive/Line up for Grades K's ONLY
Recess for Grades 4 & 5
1st Lunch (Grades 1, 2 & 3)
2nd Lunch (Kindergarten, 4 & 5)
Early TK & Kindergarteners leave
Late TK & Kindergarteners leave
Dismissal for 1-3 & Recess
Grades 4 & 5 return to class; Reading Academy Begins
Dismissal for Grades 1-5

SCHOOL HOURS (Monday, Tuesday, Thursday & Friday) Grades 1-3 will attend from 8:10 a.m.-2:05 p.m. Reading Academy Students (Grades 1-3) attend from 8:10 a.m.-3:00 p.m. Grades 4-5 will attend from 8:10 a.m. - 3:00 p.m.

Kindergarten

Early Bird 8:10 a.m.-Class begins 11:40 a.m.-Dismissal Late Bird 9:30 a.m.-Class Begins 1:45 p.m.-Dismissal

Note: Every Wednesday will be Early Dismissal 1:50 p.m. NO READING ACADEMY ON WEDNESDAYS

***Bells are underlined

ROOSEVELT ELEMENTARY SCHOOL PHYSICAL EDUCATION CURRICULUM 2014-2015

DATES	PRIMARY (1-2)	INTERMEDIATE (3-5)	
8/20-8/29	Class Expectations Project Fit America Introduction/Cooperative Games		
9/2-9/19	Kicking Skills (Soccer)	Kicking Skills (Soccer)	
9/22-10/10	Throwing/Catching (Bean Bags/Small Balls)	Throwing/Catching Foxtails/Large Balls)	
10/13-11/31	Ball Handling Skills (Basketball)	Ball Handling Skills (Basketball/Pretesting 3-5)	
11/3-11/14	Nutritional Activities	Nutritional Activities	
11/17-12/19	Jumping Skill/Hoops	Jumping Skill/Hoops	
1/5-1/30	Movement/Balances (Fitness Activities)	Tumbling (Fitness Activities)	
2/2-2/27	Rhythms/Dance	Dance	
3/2-4/3	Fitness Games/Endurance (5 th g	Fitness Games/Endurance grade Fitness Gram Testing)	
4/13-5/1	Striking Skills (Paddle Tennis)	Striking Skills (Paddle Tennis)	
5/4-5/29	Frisbee Activities	Frisbee Activities	
6/2-6/12	Cooperative Games	Cooperative Games	

*Ms. Kathy Tronvig, Physical Education Specialist

Roosevelt Hornet Physical Education Newsletter

Physical education is a standards-based instructional program that is an integral part of the total educational experience for each child. Please make sure your child has the proper attire for his/her physical education class (e.g., tennis shoes, skorts, shorts and pants).

Project Fit America equipment will be used during physical education classes.

Feel free to use the equipment with your family after 3:00pm.

TENNIS SHOES are a mandatory requirement for its use.

Each elementary physical education specialist must teach 2 mandatory activities:

- 1. **Balance/Tumbling:** This is a 1-month unit taught in January.
- <u>Fitness Gram</u>: All 5th graders are given the California State Fitness Test. It provides information for students to assess and plan personal fitness programs.

All students practice for the fitness gram in their physical education classes.

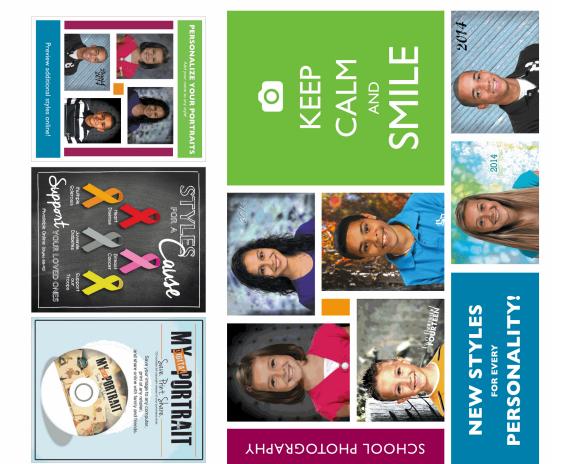
There are 7 testing areas:

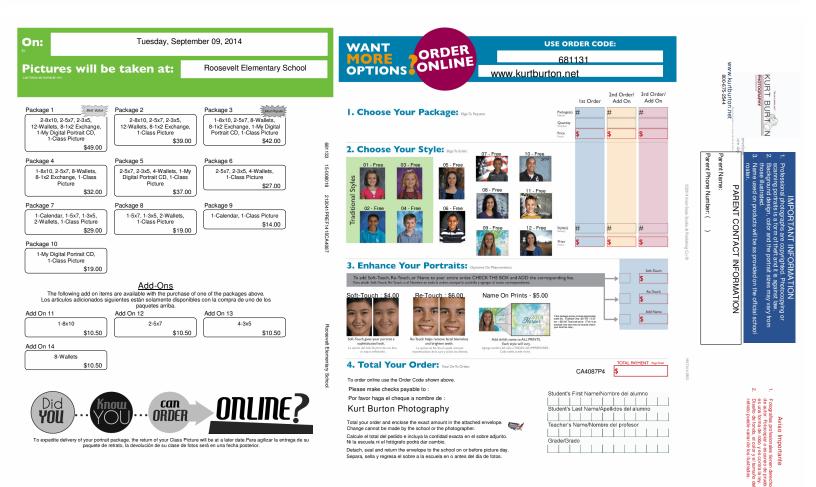
- i. Mile Run: 7 laps around the blacktop, measures endurance/cardio.
- ii. Pacer: This test measures aerobic capacity. Students run a 20meter line cued to music (beeps).
- Push-ups: 90 degrees with elbows bent, measures muscular strength. Done to a cadence count.
- iv. Flexibility: Sit-n-Reach and Shoulder Stretch: Sit- n -Reach measures the flexible of the students' lower back and leg muscles. Shoulder stretch measures upper body strength.
- v. Crunches: Students must slide their hands over a 4" piece of rubber while doing a sit-up to a cadence count.
- vi. Trunk Lift: Students lay face down on the ground with their chin touching the ground. Students must place the palms of their hands on their thighs. Feet must be on the ground at all times. Students will then raise their chins as high as possible.
- vii. All students take the Fitness Gram in the 5th, 7th, and 9th grades.
- 3. Project Fit America: The 2 apparatuses that will be tested are:
 - i. Modified pull-ups
 - ii. Sit-ups
- 4. Students will be graded based on the California State Physical Education Content Standards.

2014-2015 Roosevelt Activities:

Movement/Balances Jump Skills/Hoops Tumbling Dance/Rhythms Throwing/Catching Project Fit America Pre-Test 3rd-5th Fitness Games/Endurance Striking Skills Frisbee Activities Cooperative Activities Ball Handling Skills Nutritional Act. Kicking Skills Fitness Gram

Ms Kathy Tronvig, Physical Education Specialist





Does Your Child Crave a Math or Science Challenge?

For 2nd through 5th grade students: These classes are intended to be challenging. If you are unsure whether these classes are appropriate for your child's skill level, please consult your child's teacher before signing up.

TeachBar (tchbr.com) will teach both the math and the science classes. For science this session, they will learn about chemistry and explore the elements, getting involved in designing their own experiments, making potions, mixing chemicals, and playing with dry ice. The 2nd & 3rd grade math classes will use games and projects to teach strategy and problem solving. The 4th & 5th grade math time will be spent learning to program in Python. **Parent volunteers will be needed for the science classes – this helps us keep costs down. Please sign up below. It's fun and science knowledge is not needed.**

This 10-week session will cost \$95 per child for math/programming and \$90 per child for science. If you are able to contribute toward the cost of your child's classes, please include a check for what you can afford. If you are able to contribute more it will help ensure we can continue to include everyone. Checks should be made out to SLED with "MaSC" in the memo field. *All* Roosevelt children are welcome to attend our classes, regardless of their family's ability to donate. Any donation you are able to give is tax deductible and will help us to continue bringing these classes to your children and those of other families.

To sign your child up for the math/programming class, the science class, or both, please fill out the application below and turn it in to the office by the end of school on Tues, Sept. 9.

Classes this session run for **10 weeks**, starting Monday, September 15 and ending Friday, November 21.

Classes meet in room A-4. If you choose to participate, your child would attend one or two classes per week according to this schedule:

0-3:05pm
2:10-3:05pm
0-4:10pm
3:10-4:10pm

To participate, you must sign and return the attached form to the school office by the end of the school day on Tuesday, September 9. If you turn in the enclosed form to the office, you can assume your child is enrolled.

Student Name		_Grade _	Teacher			
	My child will attend both the Math/Programming and Science classes (\$185)					
	My child will attend only the Math/Programming class (\$95) $\hfill \Box$	My chil	d will attend only the Science class (\$90)			
	Yes, I will volunteer to help out in the Science class from \Box 2–3 pm or \Box 3–4 pm on this date(s):					
	I have included \$ to cover all or part of the cost of the program. Please make checks out to SLED. Suggested amounts are \$95 for math/programming, \$90 for science, or \$185 for both.					
Pai	rent/legal guardian name (please print)		Parent/legal guardian signature			
em	ail address		phone or cell number			
Aft	er class, where will your child go/who will pick up your child?					
Do	es your child attend any child care programs? 🗖 Yes:					

Please inform them about your child's Math and Science Challenge Program participation and schedule.

What is the Math and Science Challenge (MaSC) Program?

The Math and Science Challenge (MaSC) offers advanced instruction for students who love science or have mastered their grade-level math curriculum and are hungry for more. The program offers advanced math and science after school classes which emphasize creativity and perseverance. The program was founded by and is administered by Roosevelt parents.

Approximately half of the class spaces will be reserved for students referred by their teachers because they are identified as being the most in need of advanced curriculum. The rest of the class spaces are available for open enrollment for students with enthusiasm for math or science.

The MaSC program is a public/private partnership funded entirely by private funds from San Leandro individuals and businesses.

If you are interested in getting involved with the MaSC Program, please contact Jill Rodgers-Quaye at yaateq@sbcglobal.net.

The MaSC program has been made possible through generous donations from:

OSI Soft

The Gregori Group • Paradiso Restaurant • Sparkfactor Design • Shoutbomb • Ten Ton Consulting • Y. Day Designs

Many Roosevelt parents and neighbors!





Sheffield Village Recreation Center 247 Marlow Dr 510-638-7190 Programs for September



Sneakers After School Program: August 20th

Our after school program runs from 2:00 until 6pm Monday thru Friday. Staff meet children at Roosevelt elementary playground and the group walks to the center. Once children get to the site we have homework time, snack time, then a scheduled activity. Activities range from sports, arts and crafts, and lower organized games. We would love to expand our program to Washington Elementary and have staff be able to pick up students from there as well. We are open for day camp on some holidays, on these days a separate fee is charged. We offer daily (\$15), weekly (\$60), and monthly (\$220) options. We are also open for planning days with an additional fee of \$20.



Sheffield Village Preschool Starts September 15th

A Parent Co-Op Program On going for over 20 years!

Our preschool is split into 2 age groups: AM: 9:00-11:00am for 33-44 months \$105\\$125 PM: 12:00-3pm for 45 months to K \$115\\$135 Parents are required to attend school functions and meetings as well as work in the preschool 2 times a month.

Children have a wonderful atmosphere in which they can learn and play with others under supervision of our teachers Marykate and Susana. The program offers the knowledge and skills these children will need to succeed as they enter elementary education.



Looking for space to host your next celebration? The Recreation has space available for all celebrations! **Rentals Fees:** Inside facility only: \$40/hr Outside facility only: \$50/hr Inside & Outside: \$75/hr All rentals require a deposit of \$200 We have 15 tables and 30 chairs. Maximum inside capacity is 45. We do have meeting space available for rent on weekday evenings. We also have a commercial kitchen that can be rented out as well.

For more information, questions, recommendation for programs contact Christina Bagwell at cbagwell@oaklandnet.com, 510-638-7190, or stop by the center! Registration available online at <u>www.oaklandnet.com/parks</u> or in person at the Center

DON'T FORGET WEDNESDAY SEPTEMBER 4TH IS:

Eatout for Education!

A great reason to eat out on the FIRST WEDNESDAY of each month!

Make San Leandro a vibrant community by: Supporting local San Leandro restaurants Supporting our schools

YOU MUST present the attached coupon so that the participating restaurant donates 10% of the proceeds to SLED.

Breakfast, Lunch or dinner? How about all three!

Participating Restaurants, Addresses & Wednesday Hours:

Boulevard Burgers 1027 MacArthur Blvd. 11 am – 9 pm

Favorite Indian 24052 Mission Blvd., Hayward 11 am – 10 pm Little NamKing 695 E. 14th St. 11 am – 9:30 pm Luke's Grill 1509 E. 14th St. 11 am - 9 pmPorky's Pizza Palace 1221 Manor Blvd. 3 pm - 10:30 pm **Purple Pepper Pizza** 368 MacArthur Blvd 10:30am-11 pm

Creasian 1269 MacArthur Blvd. Lunch: 11:30 am - 3 pm Dinner: 5 pm - 10 pm **Englander Sports Pub** & Restaurant 101 Parrott St. 11 am – 11 pm Le Soleil 1515 E. 14th St. 11 am – 9 pm Mama Lupe's Cocina 15033 Farnsworth Street 11 am - 9 pm **Paradiso Restaurant** 685 Bancroft Ave. 11 am – 9 pm

Please contact us if you know of a restaurant that would like to participate. Business agreements can be downloaded from our website.

WEDNESDAY, SEPTEMBER 4TH SUPPORT OUR SCHOOLS!!

SUPPORT OUR SCHOOLS COUPON Eat Out for Education! Present this coupon to participating

Present this coupon to participating restaurants on the 1st Wednesday of each month and 10% of your purchase will be donated to the San Leandro Education Foundation.



Look up participating restaurants and learn more about SLED at

www.sledfund.org

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(REVISED by District 02/01/11) ATTENDANCE

If your child/children are going to be absent please make sure the front Office or teacher gets a note &/or a phone call to excuse your child/children within <u>48</u> <u>hours of the absence</u>.

- <u>Excused</u> absences are Doctor/Dentist, illness or funeral (immediate family). There will be no excuse for vacations or days out of town (unless you are gone for more than **5** days and <u>complete</u> an Independent Study Contract).
- <u>UNVERIFIED</u> is if you don't excuse your child within 48 hours for their illness. Please make sure the teacher or front office has received your excuse. We cannot change unverified to excused after 48 hours.
- <u>TARDY</u> is any time after the bell. Tardy bells are 8:10 & 9:30 (K's only). THERE ARE NO EXCUSES FOR TARDIES AND THEY CANNOT BE ERASED. <u>After 5 tardies you will receive a</u>

warning letter regarding your child's attendance.

- <u>VERY LATE</u> is 30 minutes or more and these also cannot be erased.
- <u>INDEPENDENT STUDY</u> <u>CONTRACT (5 days or more)</u> Contracts can be picked up in the front Office. Please give your teacher(s) at least <u>one</u> <u>week</u> to prepare work for your child.

(Distrito REVISO 02/01/11) ASISTENCIA

Si su hijo(s) van a estar ausentes favor de asegurarse que la oficina principal o el maestro de su hijo(s) reciban una nota y/o una llamada por teléfono para excusar a su hijo(s) no menos de <u>48</u> horas de la ausencia.

- FALTAS JUSTIFICADAS son AUSENCIAS POR Doctor/Dentist, ENFERMEDAD, FUNERAL (Familia inmediata). No habrá excusa por vacaciones o días por salida fuera de la ciudad (al menos que usted se vaya por mas de 5 días y complete un Contracto de Estudios Independientes).
- SIN VERIFICAR es si usted no excusa a su hijo(s) al menos dentro de 48 horas por enfermedad. Por favor asegúrese de que el maestro o la oficina principal han recibido su excusa. No podemos cambiar sin verificar la excusa después de 48 horas.
- <u>LLEGAR TARDE</u> es cualquier hora después de la Segunda campanada es considerado retardo. La campana de retardo suena a las 8:10 y 9:30 (solamente K's). NO HAY EXCUSA PARA RETARDOS Y NO PODRÁN SER BORRADOS.

<u>Quando tenia mas de cinco (5)</u> <u>días que llegar tarde va a tener</u> <u>una nota.</u>

- <u>MUY TARDE</u> son 30 minutos y más y esta tampoco podrá ser borrada.
- <u>CONTRACTO DE ESTUDIOS</u> <u>INDEPENDIENTES (5 días o</u> <u>más)</u> Los contratos pueden ser pedidos en la oficina principal. Favor de darle el contrato a el/la maestro(a) de su hijo(a) al menos con <u>una semana</u> antes para permitir prepararles el trabajo para su hijo(a).