

Instructional Materials:

Board approved required text - Glencoe Health 2004, Ninth Edition, Mary H Bronson, PhD. and Don Merki, Ph. D. Bronson

*Awaiting New Edition Glencoe Health

CPR: American Heart Association Booklet, Sets of Training Dummies

Substance Abuse:

Project Toward No Drug Abuse (TND),

NIDA National Institute on Drug Abuse: Brain and Addiction

<https://teens.drugabuse.gov/drug-facts/brain-and-addiction>

Various NIDA Brochures and posters for reference and research

Sexual Health:

3R's Sexual Health Curriculum: Lessons #1-11. <http://www.advocatesforyouth.org/3rs-curriculum>

SFUSD Sexual Health Curriculum: Lesson #25, Lesson #26- Sex Trafficking

<https://sfusdhealtheducation.org/be-real-be-ready-2/>

Sex Etc.Org www.sexetc.org Various video clips and references. "Meet the Contraceptives" Video

<http://sexetc.org/videos/meet-the-contraceptives/>

Guest Speakers:

SAVE -Safe Alternatives to Violent Environments: Healthy Relationships

Peer Health Educators: Present a variety of topics (7-11 times per semester) related to Mental and Social Health including: advocacy, decision making, communication skills, and health literacy.

Ethical Choices: Healthy Nutritional choices related to personal health, disease prevention, environmental and ethical choices. .

Barbara Lee Health Center (Across from the High School): tours, resources available to teens.