



**San Leandro High School HEALTH and SAFETY- Grade 9- Semester Class 2019-20**

**Instructor:** Ms. Kim Stanley **e-mail:** kimstanley@slusd.org **Phone:** (510) 618-4600, Ext. 2147

**Room:** Sci. 147 **Per:** \_\_\_\_\_ **Google Classroom Code:** \_\_\_\_\_

**Course Objective:** This course is designed to assist students with obtaining accurate information, developing lifelong positive health-related attitudes and behaviors, and making wise decisions related to their personal health. This course is one semester.

**Units of Study:** Personal and Community Health; Mental, Emotional, and Social Health; Healthy Relationships, Nutrition and Physical Activity; Substance Abuse: Alcohol, Tobacco, and other Drugs; Sexual Health; C.P.R. Basics and Safety.

**Class Activities:** Class discussions, lectures/note-taking, written self reflection, text/article readings, projects, presentations, videos, oral quizzes. A class participation grade will also be integrated into daily activities.

**Class/Behavioral Expectations:** Students are expected to follow the attendance & discipline policies set by San Leandro High School for the class. **Additionally students will:**

- Arrive **on time** to class. Doing so shows respect for your peers & teacher. Tardies are disruptive and result in missing important information at the start of class. Use the restroom during passing period or wait until a time allowed by your teacher. Any student using the restroom must take the hall pass and sign out and back in.
- Bring all **necessary materials:** your Health folder, a pen, pencil, extra paper, a highlighter, and markers.
- **Respect** the rights of others to learn & stay focused during class.
- If **absent**, be responsible for getting assignments completed **within the # of days absent**. **Late work:** Failure to turn in a project on assigned date will result in **half-credit**, and if not completed, zero points. Check Google Classroom and the trays for paper docs. Have a study Buddy you can call or ask. You should plan to come to **after school office hours on Block days to do make-up work**. That is what the schedule is designed for!
- Each student will be given **two late passes**. This allows a student to turn in an assignment after the due date within the number of days specified by the teacher. This may not be used on a project or excuse a student from completing an assignment. Unused late passes may be turned in for extra credit at the end of the semester.
- Show **respect** for the opinions and privacy of each member of our class at all times, and use **appropriate language**.
- Keep the classroom **clean & neat**. **No food or drink** (except water), **No earbuds or hoodies** will be allowed. **No grooming**, **No writing on desks**, **No sleeping**, **No rough play in classroom**. **No phones or electronics/earbuds:** Powered **OFF**, put away in your backpack out of sight by the bell. Any visible electronics will result in a referral and be taken to the AP office as per school policy on the reverse of this Syllabus. ***This syllabus is considered the first warning.*** I will ask you to **call your parents to tell them you used your phone/had it visible during class**.
- Come to class willing to learn, with an open mind, a positive attitude, and you will be greatly rewarded!

**Grading and Evaluation:** School policies regarding grading & homework will be used. Student performance will be assessed via: **class work, assignments, participation (approx. 60-70% of grade)**, and **Summative assessments, projects, presentations (approx. 30-40%)**. **There will be occasional homework (always if not completed in class)**. The grade percentage earned will depend upon the number of points earned by the student. Grades will be updated every 1-2 weeks. Refer to posted Assignment Sheet in class and keep track of your points earned, and keep all assignments in your notebook. The student must first speak with the teacher if there is a concern about a grade at an appropriate time, respectfully, or send me an e-mail with name/subject, A# in question. **Standard Grading scale:** **A= 90-100% B=80-89% C= 70-79% D= 60-69% F= <59.9%** **Check grades via AERIES regularly to ensure accuracy!** Human error can happen!

**Teacher Contact:** Please feel free to contact me with any questions/concerns. E-mail is the preferred contact. ***My student and I have discussed & understand the above Health course syllabus & expectations.***

**Student Name:** \_\_\_\_\_ **Period:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent/Guardian Name (Print clearly):** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Dear Parent/Guardian:** San Leandro High School strives to maintain a productive and safe learning environment for all students. Cell phones are an important tool for student safety, for staying connected with family and friends, and for engaging in certain school activities. Unfortunately, if not used responsibly they can become a distraction to the learning environment and a target for theft. The purpose of this letter is to share with you changes to the cell phone policy at San Leandro High School and to re-emphasize policies and best practices that help to ensure safe and appropriate use of cell phones. Please review the following policy with your student before it takes effect on January 10, 2019.

### **New Cell Phone Policy Effective Thursday, January 10, 2019**

Unless otherwise specified by the teacher, cell phones\* / electronics are to be

1. Turned off before entering the classroom
2. Turned off and out of sight inside the classroom
3. Not turned on until student has left the classroom

\*This policy applies to earbuds/headphones, smart watches and other electronic devices.

### **The following disciplinary action will be applied to cell phone policy violations**

**1st offense:** warning, parent notification (*Ms. Stanley's Syllabus and presentation is the first Warning*)

**2nd offense:** confiscated in office for student pick up after school; parent notification

**3rd offense:** confiscated in office for parent pick up

**4th offense:** referred to administrator for possible parent conference, suspension, or other disciplinary action for violation of Ed Code 48900(k)--Defiance/disruption

### **Suggestions for preventing cell phone theft**

1. Cell phones should never be left out on desks, counters, benches, or other places in plain sight. The safest place for cell phones is at home. If cell phones must be brought to school, they should be left in a secure pouch in the student's backpack, in a clothing pocket where they cannot be seen, or in the student's hallway locker.
2. Cell phones should not be left in P.E. lockers. Students who must bring cell phones to school should leave their cell phones in their hallway lockers during P.E. Hallway lockers are more secure as hallways have security cameras. Students must always ensure their locks are correctly locked and must never share their combinations.
3. All families concerned about theft of cell phones should ensure that the cell phone has tracking and that they can access the tracking in case the phone goes missing. Families should also purchase insurance that protects against theft or loss of cell phones.

### **Contacting your student during the school day**

We understand that emergencies come up and for this reason will assist any parent or family member needing to contact a student during the school day. Any person wishing to contact an SLHS student outside of lunch time, must call the office at 510-618-4600. The office can relay a message to the student or call the student out of class to come to the office to take the phone call. Parents/family members attempting to contact their student via cell phone should not expect to receive a response during class time and should instead instruct their student to respond during lunch time or after school.

### **Students contacting families during the school day**

Any student who needs to contact their family during class time, must ask their teacher for a pass to the attendance or FTK office. The student will check in with the staff in the attendance or FTK office and will be allowed to make the phone call from the school phone.