



SAN LEANDRO UNIFIED SCHOOL DISTRICT
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Mike McLaughlin, Ed.D.
Superintendent

EDUCATIONAL SERVICES
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THE CALIFORNIA HEALTHY YOUTH ACT – EDUCATION CODE §§ 51930–51939
COMPREHENSIVE SEXUAL HEALTH AND HIV PREVENTION EDUCATION

PARENT/GUARDIAN NOTIFICATION LETTER FOR GRADES 9-12

August 22, 2019

Dear Parent/Guardian:

California state law, the California Healthy Youth Act, requires that comprehensive sexual health education and HIV prevention education be provided to students at least once in middle school or junior high school and once in high school, starting in grade 7.

Instruction must encourage students to communicate with parents, guardians or other trusted adults about human sexuality. Instruction must be medically accurate, age-appropriate and inclusive of all students. It must include the following:

- Information about HIV and other sexually transmitted infections (STIs), including transmission, FDA approved methods to prevent HIV and STIs, and treatment
- Information that abstinence is the only certain way to prevent unintended pregnancy and HIV and other STIs, and information about the value of delaying sexual activity
- Discussion about social views of HIV and AIDS
- Information about accessing resources for sexual and reproductive health care
- Information about pregnancy, including FDA approved prevention methods, pregnancy outcomes, prenatal care, and the newborn safe surrender law
- Information about sexual orientation and gender, including the harm of negative gender stereotypes
- Information about healthy relationships and avoiding unhealthy behaviors and situations

You can examine written and audiovisual instructional materials in your student's Health & Safety classroom. If you have questions, please contact your site principal. You may request a copy of the California Healthy Youth Act (California Education Code Sections 51930–51939) by contacting your site principal. This instruction will be provided during your student's Health & Safety class by his or her regular teacher. State law allows you to remove your student from this instruction. If you **do not** want your student to participate in comprehensive sexual health or HIV prevention education, please **send a note to your student's teacher**. Please refer to the list of lessons from which you may legally opt out and those which are part of the mandatory board-approved curriculum for all students

Sincerely, Sonal Patel
Assistant Superintendent, Ed.D.
Educational Services