For general referrals call: 211

FOOD

NAME OF LOCATION	ADDRESS & PHONE	HOURS	WHAT YOU NEED TO
			BRING WITH YOU
All Saints Episcopal	911 Dowling Blvd.	1 st Saturday of the month	Proof of address &
Church	San Leandro 94577	1-2pm	grocery bag
	510-569-7020; Mon-Thu 10-2pm		
Davis Street Family	3081 Teagarden St.	Sign up Monday-Friday	
Resource Center	San Leandro 94577	12-4:30pm	
	510-347-4620 Ext. 158	Pick up Monday-Friday	
		12-5pm (once a month)	
Faith Lutheran Church	20080 Redwood Rd.	Thursday 7-8pm	Picture ID
	Castro Valley 94546	*other Thursday fresh	*Ashland neighborhood
	510-582-0818 (Intake required)	vegetables & bread	community
Hope for the Heart	22035 Meekland Ave.	3 rd Saturday of the month	ID and utility bill
	Hayward 94541	5:30-10am	*for children under 3
	510-581-4673		bring birth certificate if
	(Mon-Fri; 8:30-4:30pm)		diapers are needed
			*also provide feminine
			products
Bethel Community	14235 Bancroft Ave.	Thursday 6:30-8pm	Proof of address &
Presbyterian Church	San Leandro 94578	3rd Saturday 11-1pm	I.D. required
	510-357-4130		
New Birth Christian	21144 Mission Blvd.	2 nd Saturday from 10-2pm	I.D. required & bring
Ministry Center	Hayward 94541		your own bag
House of Heavenly	510-782-1937		
Manna			
New Life Christian church	1265 B Street	Every Thursday 6-7pm	California I.D. required
	Hayward 94541	*Arrive by 5:30pm	
	510-889-1304 (Tue-Fri 9-5)		
San Lorenzo Family Help	100 Hacienda Ave,	Monday-Friday	Photo ID and utility bill
Center	San Lorenzo 94580	10:30-12:00 pm	required
	510-278-2085 Monday-Friday 9-5		*no one will be turned
	24hr voicemail		away
Catholic Worker	4848 International Blvd.	Every Thursday 11:30-1pm	
	Oakland 94601	Hot meals (to go)	
	510-533-7375	Monday-Saturday 11-2pm	
Alameda Food Bank	1-800-810-3663 (FOOD)	Monday-Friday 9-4pm	

HOUSING

NAME & LOCATION	PHONE & HOURS	LENGTH OF STAY	INFORMATION
Building Futures with	1-866-292-9688		For women and children
Women & Children	24 hours	Up to 29 days	*boys up to 10 years old
San Leandro			
24 Hour Oakland Parent	510-534-6030		Must be sober for 90 days,
Teacher Children Center	Mon, Tues, Thu 10-5pm	24 hour emergency	takes women with/without
Oakland	(call for intake)		children up to 11 years old.
Salvation Army	510-437-9437		Must be out during the

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2794 Garden St.	Monday-Friday for intake,	28 days up to 6 months	day*can only be used once
Oakland 94601	9-11am		every 18 months
Dream Catcher Youth	1-800-839-0929 intake		Ages 13-17 (18 if enrolled in
Shelter and Support		Up to 24 hours	school)*pregnant youth up
Alameda County			to 6 months
Covenant House	510-379-1010		18-24 year of age
200 Harrison St.	24 hours	3 days-18 months	*includes case management
Oakland 94604	Spanish Mon-Thu 9:30-6pm,		
	Fri 9:30-1:30pm		
	Vietnamese Mon-Thu 9:30-		
	6pm, Fri 9:30-1:30pm		
Catholic Worker	510-533-7375		*Latin American refugees
4848 International Blvd	Monday-Friday 11-5pm	1-3 months	and immigrants over 20
Oakland 94601			years old
FESCO (Family Emergency	510-581-3223	Up to 60 days	Homeless, very low-income
Shelter Coalition)	24 hours		family accompanied by
21455 Birch St #5			minor child.
Hayward 94541			
Housing Assistance	PHONES & HOURS	TYPE OF ASSISTANCE	INFORMATION
Alameda County Social	510-272-3700 pre-screen	Deposit, back rent, utilities,	
Services Agency	Mon-Fri 8-5pm	etc.	Seasons of Sharing
Alameda County			
Echo Housing	510-581-9380		
770 A Street	Monday-Friday 9-5pm	Rent and/or deposit	Rental Assistance Program
Hayward 94541			
Operation Dignity, Inc.	510-844-0785		
160 Franklin St., Suite 103	1 st Tuesday of each month	Rent and/or deposit	Veterans only
Oakland 94607	at 1:30pm ask for Tamika		
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CLOTHING

NAME	ADDRESS	PHONE
Society of St. Vincent de Paul of Alameda	9235 San Leandro St. Oakland, Ca 94603	510-636-4251 Ron Smith Wednesday-Sunday 9-3pm
Davis Street Family Resource Center	3081 Teagarden St. San Leandro 94577	510-347-4620 Ext. 158

DOMESTIC VIOLENCE ASSISTANCE

NAME & LOCATION	PHONE & HOURS	LENGTH OF STAY	INFORMATION
A Safe Place	510-536-7233	Up to 90 days	Battered Women
San Leandro	24 hours		with/without Children up to
			17 years of age
Ruby's Place, Inc.	1-888-339-7233 (SAFE)		Battered women, human
Hayward	510-786-1246	Up to 90 days	trafficking, and homeless
	24 hours		women with/without
			children (boys up to 11
			years of age, over 11 is a
			case by case basis)
24 Hour Oakland Parent	510-534-6030	24 hour emergency	Must be sober for 90 days,

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Teacher Children Center	Mon, Tues, Thu 10-5pm	takes women with/without
Oakland	(call for intake)	children up to 11 years old.

CHILD CARE

NAME & LOCATION	PHONE & HOURS	AGE GROUP	FEE	INFORMATION
Boys and Girls Club of	510-483-5581		\$200 school year	Various activities and
San Leandro	School hours:	6-18 years of age	membership	locations
401 Marina Blvd.	Monday –Friday, 1-		(Summer fee is	M-F 2-6pm school year
San Leandro 94577	7pm		higher)	M-F 10-6 summer
	Summer Hours:			
	Monday –Friday,10-			
	6pm			
24 Hour Oakland	510-534-6030		Sliding scale	Provides 2 centers,
Parent Teacher	Monday-Friday 9-6	24 months-6years	determined by	During summer
Children Center	Walk-in applications		Department of	provides hand on
4700 International			Education	computer learning to
Blvd.				school age children
Oakland 94601				
Davis Street Family	510-347-4602 Ext. 103		Vary according to	Located at several
Resource Center	Monday-Friday	Birth-12years old	income and family	schools and locations in
3081 Teagarden St.	9-5pm		size. Subsidies	San Leandro
San Leandro 94577	Apply by phone		available	
Reach Ashland Youth	510-481-4500	11-24 years old	None	Various programs
Center	Monday-Friday			available
16335 E.14 th St.	noon-7pm			
San Leandro 94578				
4C's of Alameda	510-582-2182	Birth-12years old	Vary, Free referrals	They also offer
County	Monday-Thursday 9-5		regardless of	parenting education,
22351 City Center Dr.	Friday 9-12		program	resources and support.
Suite 100				They provide child care
Hayward 94541				payment assistance to
				families transitioning
				from welfare to work.

LEGAL

NAME & LOCATION	PHONE & HOURS	TYPE	INFORMATION
Family Violence Law Center	510-208-0255		Assistance with restraining
470 27 [™] Street	Monday-Friday 9-5pm	Domestic Violence	order, custody, visitation, and
Oakland Ca 94612			support orders
Bay Area Legal Aide of	510-250-5270		Free civil legal advice, counsel
Alameda County	1-800-551-5554	Varies	and representation
1735 Telegraph Ave.	Monday-Friday		
Oakland 94612	9-12pm and 1-5pm		
DREDF (Disability Rights	Monday-Friday 9-5pm	Disability rights	Assist parents with children
Education & Defense Fund	510-644-2555		who have disabilities
3075 Adeline St., Suite 210			
Berkeley 94703			
Superior Court of California	Phone hours:		Family law, child support,

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Alameda County	Monday-Thursday 2-4pm	Self Help	custody, small claims,
(Alameda, Oakland, &	510-272-1393		restraining order,
Hayward)	1-800348-4232		guardianship, civil, name
			change, etc.
Centro Legal de La Raza	510-437-1554	Immigration, Tenant	Also offers assistance with
3022 International Blvd.,	Monday-Thursday	Rights, Workers Comp,	DACA and referrals to lawyers
Suite 410	9-12 and 2-4pm	Worker Advocacy	
Oakland 94601			
International Institute of	510-451-2846	Immigration, Citizenship,	Consultation fee \$20-\$60
the Bay Area	Thursday 1-5pm	Crime Victims, and	
405 14 th St., Suite 500		Deportation	
Oakland 94612			

HEALTH COVERAGE AND BENEFIT ENROLLMENT

NAME & LOCATION	PHONE & HOURS	TYPE	INFORMATION
San Leandro Unified School	510-667-6214	Medi-Cal, Covered	Drop in welcome
District Family Resource	M-F 8-4pm	California, HealthPAC,	Call for required documents
Center		Kaiser Child Health Plan,	needed
14735 Juniper St.	Cell: 510-227-0566	CalFresh, General	
San Leandro 94579		Assistance, CalWorks	
Alameda County Health	1-877-879-9633	HealthPAC, Covered	By appointment only
Care Services Agency	Monday-Friday	California, Kaiser Kids	
1000 San Leandro Blvd.,	8:30-5pm	Health Plan	
Suite 300			
San Leandro 94577			
OUSD Central Family	Monday – Friday	Medi-Cal, Covered	Drop in welcome
Resource Center	9am-1pm	California, HealthPAC,	
746 Grand Ave	(510) 273-1516 <i>Main line</i>	Kaiser Child Health Plan,	
Oakland 94621	(510) 273-1514 Spanish	CalFresh	
	(510) 273-1515		
	Chinese/Vietnamese		
Fremont Healthy Start	Monday-Friday	Medi-Cal, Covered	Call for required documents
Grimmer School	8am-4pm	California, HealthPAC,	needed
43030 Newport Drive	510-656-4206	Kaiser Child Health Plan,	Languages: Spanish, Dari,
Fremont 94538		CalFresh	Pashto, Hindi, Punjabi,
			Mandarin, Cantonese,
			Vietnamese, Korean, and Urdu

MEDICAL/MENTAL HEALTH

NAME & LOCATION	PHONE & HOURS	TYPE	INFORMATION
East Bay Agency for	510-268-3770	School-based mental health	School and community-
Children	Monday-Friday 9-5pm	services; and counseling	based services located at
Primary Location:		enriched classrooms; youth	various school sites in San
303 Van Buren Ave.	(evenings by appointment	empowerment services;	Leandro, San Lorenzo,
Oakland 94610	only)	grief and loss groups;	Hayward, Oakland, Newark,
		violence prevention	and Fremont
		education services	
Girls, Inc. of Alameda	510-357-5515	Outpatient and Mental	For girls 4-18 and their

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County	Monday-Friday	health Clinic as well as	families
13666 E.14 th St.	9-5pm; evenings by	school based	
San Leandro 94578	appointment only		
	*call for intake		
Children's Psychiatry Clinic	Monday-Friday	Mental Health Outpatient	Ages 5-21
770 53 rd St.	8-5pm	Services	
Oakland 94609			
Family Paths, Inc.	1-800-829-3777	Support for parent, foster	Varies workshops available
22455 Maple Ct. Suite 402	24 hours	parent, grandparent or	and parenting classes
Hayward 94541	Office: 510-582-0148 Ext.	kinship caregiver for youth	, ,
	304	under 21 years of age	
Project Eden, A Program of	510-247-8200	Alcohol and Other Drugs	Ages 12-20
Horizon Services, Inc.	Monday-Friday	Prevention, Education, and	specialized services to
22646 2 nd St.	9-5pm	Outpatient Treatment	LGBTQQI2-S youth and
Hayward 94541	3-3 p iii	services to youth and	families of students in
Haywaru 94341		families & specialized	middle school through high
		services to LGBTQQI2-S	school
			SCHOOL
		youth and families	
		struggling with issues of	
		gender and sexual	
		orientation	
Kinship Support Services	583-8026	Provide services to relatives	Various workshops, case
Program	Tuesday-Friday 10-4pm	who are raising another	management, legal services,
114 A St.		family member's children	referrals, etc.
Hayward 94541		when the parents are	
		absent and/or unable to	
		raise them.	
Davis Street Family	510-347-4620	Primary care, dental,	All ages
Resource Center	Mon-Friday 8:30 am-5pm	Pediatrics, Geriatrics &	Proof of income required at
3081 Teagarden St.	Except on Thursday	behavioral health	registration
San Leandro 94577	8:30am-1:00pm	Outpatient clinics, anger	Outpatient Mental Health
		management, and school	Clinic is by appointment
		based throughout SLUSD	only and accept medi-cal
			and fee for ervice
Reach Ashland Youth	510-481-4554	Health and Dental Clinic	Youth 11-24
Center/Fuente Wellness	Monday 10-6pm		
Center	Tuesday, Thursday, and		
16335 E.14 th St.	Friday 2-6pm		
San Leandro 94578	, .		
Kaiser Permanente Medical	1-800-464-4000 English	Medical	Must contact member
Center	1-800-758-0616 Spanish		services for an appointment
2500 Merced St.	1-800-757-7585 Chinese		to become a member
San Leandro 94577			
Tiburcio Vasquez	510-471-5907	Medical/Dental	Call to make an
Health Center	Monday-Friday		appointment for
22331 Mission Blvd.	8-5pm		registration
Hayward 94541	3 3piii		i calonation
San Leandro Hospital		Inpatient and Outpatient	
13885 E. 14 th St.	510 257 6500		
	510-357-6500	services	
San Leandro 94578			

For general referrals call: 211

UNEMPLOYMENT/DISABILITY

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NAME & LOCATION	PHONE & HOURS	ТҮРЕ	INFORMATION
Oakland Disability Office	1-800-480-3287	Disability Claims, Family	Filing a claim can also be
7677 Oakport Street	M-F 8-5pm	Leave	done on-line.
Oakland 94621	1-877-238-4373		
	(Family Leave)		
Eden One-Stop Career	510-670-5700	Job Search & Resume	Offer veteran services
Center	Mon, Tue, Thur 8:30-5:00pm		
24100 Amador St., 3 rd Floor	Wednesday - 8:30-7:00pm		
Hayward 94544	Friday - 8:30-Noon		
Project Eat	510-670-4542 and schedule	Youth Employment Program	Ages 14-17 & either:
313 W. Winton Ave	appointment	(runs during school year)	Foster youth, probation, cal
Hayward 94544	Hours Monday-Friday		learn, calworks
	10am-6pm		